



**GOVT. COLLEGE FOR WOMEN, PARADE GROUND,  
JAMMU-180001, J&K.**

**Criteria VII - Institutional Values and Best Practices**

**Merit No: 7.3**

**7.3 Institutional Distinctiveness**

**Supporting Documents**



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# NSS RECORD





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## National Service Scheme (NSS) Events

2016-2017

Sl. No	Title of the event	Description of the event	Date
1	Effects of deforestation	Poster making competition on the topic "Effects of Deforestation".	21 <sup>st</sup> March 2016
2	World water day	A seminar was held on world water day.	22 <sup>nd</sup> March 2016
3	World environment day	A poster making competition was held on world environment day.	5 <sup>th</sup> June 2016
4	World population day	A poster making competition was held on world population day.	11 <sup>th</sup> July 2016
5	Republic Day	A poster making competition was held on Republic day.	26 <sup>th</sup> January, 2017
6.	International Women's Day	Poetry and speech competitions were held on International Women's Day	8 <sup>th</sup> March, 2017
7.	World Environment Day	A seminar was held on World Environment Day	5 <sup>th</sup> June, 2017

  
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Principal  
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**2017-2018**

<b>Sl. No</b>	<b>Title of the event</b>	<b>Description of the event</b>	<b>Date</b>
1.	Independence Day	Poetry and Poster making competitions were held on Independence Day	15 <sup>th</sup> August, 2017
2.	Gandhi Jayanti	Poster and Slogan making competitions were held on the birth anniversary of Mahatma Gandhi.	2 <sup>nd</sup> October, 2017
3.	Cleanliness drive at Chinore	A cleanliness drive was held in the adopted village of Chinore	20 <sup>th</sup> November, 2017
4.	Use of Paytm	A workshop on the "Use of Paytm" was held in the college premises.	13 <sup>th</sup> November, 2017
5.	Workshop on First Aid Training	A workshop on "First Aid training" was held in the college premises.	5 <sup>th</sup> December, 2017
6.	Health and Awareness Programme	A Health and Awareness Programme was held in the college premises.	15 <sup>th</sup> January, 2018
7.	First Aid Red Cross Camp	A First Aid Red Cross Camp was held in the college premises.	7 <sup>th</sup> February, 2018

  
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8.	Visit of Old Age Home and Orphanage	A Visit to Old age home and orphanage was conducted at Ambphalla, (Old Rehari, Jammu)	15 <sup>th</sup> February, 2018
9.	One Day Civil Defense Camp	A One day Civil Defense Camp was held in the college premises.	21 <sup>st</sup> April, 2018
10.	5 Days Workshop on Civil Defense.	5 Days Civil Defense Workshop was held in the college premises.	28 <sup>th</sup> May - 1 <sup>st</sup> June, 2018
11.	Red Cross Mela and Fund raising	A Red Cross Mela and Fund Raising were held in the college premises.	5 <sup>th</sup> May, 2018

2018-2019

Sl. No	Title of the event	Description of the event	Date
1.	Swachh Bharat Abhiyan	A cleanliness drive was held in the college premises	1 <sup>st</sup> June - 7 <sup>th</sup> June, 2018
2.	International Yoga Day	A meditation session was held on International Yoga Day	22 <sup>nd</sup> June, 2018
3.	Swachhta Pakhwada	A Swachhta Pakhwada was held in the college premises	1 <sup>st</sup> August - 15 <sup>th</sup> August
4.	Orientation Program with NSS Volunteers	An Orientation Program was held in the college premises	12 <sup>th</sup> September, 2018

  
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5.	Adventure Camp at Dharamshala (HP)	An Adventure Camp was held at Dharamshala (HP)	12 <sup>th</sup> September, 2018 – 21 <sup>st</sup> September, 2018
6.	Conservation of water bodies at Gharana wetland	This programme was organised to promote awareness why we need clean and drinkable water	28 <sup>th</sup> September 2018
7.	Observation of surgical strike day	This programme was organised to inculcate the feelings of patriotism, brotherhood and solidarity among students	23 <sup>rd</sup> September – 30 <sup>th</sup> September, 2018
8.	Celebration of international day of Non Violence	This event was held to commemorate International day of Non Violence	2 <sup>nd</sup> October 2018
9.	Deputation of NSS Volunteers for Pre RD Camp	NSS volunteers were selected to take participation in the Pre RD Camp	12 <sup>th</sup> October, 2018 – 21 <sup>st</sup> October, 2018

**2019-2020**

<i>Sl. No</i>	<i>Title of the event</i>	<i>Description of the event</i>	<i>Date</i>
1.	Lecture on breast cancer	Lecture on breast cancer was organised to evaluate the knowledge for breast cancer	12 <sup>th</sup> September 2019
2.	Plantation drive	Plantation drive was held at Manda Jammu	16 <sup>th</sup> September 2019

  
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		to enhance the tree Cover on the campus	
3.	Gandhi Jayanti	A programme was organised on Gandhi Jayanti to recall the important contribution of Mahatma Gandhi	2 <sup>nd</sup> October, 2019
4.	Constitution day	An extension lecture was held on constitution day , to inculcate constitutional obligations among students	26 <sup>th</sup> November 2019
5.	National girl child week	A week programme was held on National girl child to highlight the inequalities faced by females in today world and to spread awareness regarding beti baccho beti padao	24 <sup>th</sup> January 2020
6.	Republic Day	A poster making competition was held on Republic Day in the college premises	26 <sup>th</sup> January, 2020
7.	Martyr's Day	A posted making competition was organized to infuse in volunteers the spirit of sacrifice for nation.	23 <sup>rd</sup> March, 2020

2020-2021

<i>Sl. No</i>	<i>Title of the event</i>	<i>Description of the event</i>	<i>Date</i>
1.	Kargil Vijay Diwas	A rally was held to make the students aware about the National Integration.	26 <sup>th</sup> July, 2020

  
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2.	Visit to Old Age Home and Orphanage	A visit to Old age home and orphanage was held to get acquainted with the problems faced by the old age people.	5 <sup>th</sup> August, 2020
3.	Hindi Diwas	A poster making was organized to showcase the importance of the Hindi language to the youth.	14 <sup>th</sup> September, 2020
4.	National Unity Day	A seminar was held to honor the outstanding achievements of Sardar Vallabhbhai Patel's through Rashtriya Ekta Diwas.	31 <sup>st</sup> October, 2020
5.	Rangoli Activity	A drawing competition and rangoli activity was organized in the college premises.	14 <sup>th</sup> October, 2020
6.	Communal Harmony Week	A debate competition was organized to promote the ethos of Communal Harmony and National Integration among students.	19 <sup>th</sup> October, 2020
7.	Farmer's Day	A poster making competition was held to commemorate Farmer's day and to express our gratitude to farmers who form the backbone of the country's economy.	23 <sup>rd</sup> October, 2020
8.	World AIDS Day	A poster making competition was organized to raise awareness about AIDS and HIV.	1 <sup>st</sup> December, 2020

  
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9.	Human Rights Day	A slogan making competition was held to address and finding a solution for deep rooted forms of discrimination.	10 <sup>th</sup> December, 2020
10.	Sadak suraksha , jeevan raksha	Sadak suraksha ,jeevan raksha campaign was organised to promote awareness among the students	19 <sup>th</sup> February 2021
11.	International Women's Day	An event was organized to commemorate the International Women's Day on the theme, 'Beti Bachao, Beti Padhao'.	8 <sup>th</sup> March, 2021
12.	World forest day	Seminar on world forest day was organised in the college premises	21 <sup>st</sup> March 2021
13.	World Environment Day	Awareness on ecosystem restoration.	5 <sup>th</sup> June, 2021
14.	International Yoga Day	Video making competition on yoga	21 <sup>st</sup> June, 2021
15.	Day against Drug abuse and illicit trafficking	Online poster making competition	4 <sup>th</sup> July, 2021
16.	World Population Day & world paper bag day	Awareness campaigning though poster making	16 <sup>th</sup> July, 2021
17.	Kargil Vijay Diwas	Volunteers visited homes of martyred solders.	#1 <sup>st</sup> July, 2021
18.	World Water Day	Seminar on world water day was organized in the college premises.	22 <sup>nd</sup> March, 2021

  
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19.	Independence Week	Poster making & cleanliness drive conducted, Flag hoisting	10 <sup>th</sup> -15 <sup>th</sup> August, 2021
20.	Plantation drive	Plantation drive was organised to spread awareness why one needs to plant more trees and To promote knowledge In individuals	9th May 2021
21.	World River Day	Awareness rally on cleanliness of river	20 <sup>th</sup> September, 2021
22.	World Suicide prevention Day	Essay writing competition	10 <sup>th</sup> September, 2021
23.	Gandhijayanti & International Day of non violence	Celebration of the event in Mubarak mandi	2 <sup>nd</sup> October, 2021
24.	Rashtriya Ekta Divas	Awareness through poster making and slogan writing	30 <sup>th</sup> October, 2021
25.	Initiative taken by NSS towards development of adopted village	Cleanliness drive, mask distribution, distribution of nutrition kit, distribution of cloths	7 <sup>th</sup> October, 2021-5 <sup>th</sup> April, 2022

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Session:- 2016 – 2017

### 1. Effects of Deforestation (21<sup>st</sup> March, 2016)

Effects of Deforestation”, conducted on 21<sup>st</sup> of March 2016 under the Scheme Green India, Clean India. Objective of the program was to raise awareness of the importance of all types of forests, to strengthen the sustainable management, conservation and sustainable development of all types of forests for the benefit of current and future generations, to disseminate the hazards of deforestation. Poster making competition was conducted on the topic ‘Effects of Deforestation’ The event was inaugurated by, Dr. Renu Goswamy, Principal of the college. In her inaugural address she acquainted the volunteers with the issue of deforestation and how it’s rapid increase is affecting our ecosystem. She also emphasized on adapting sustainable development as a preventive measure against deforestation. Dr. Ravinder Kour, (NSS Program Officer), highlighted the objectives of the event and also stressed on planting more trees and plants, in our homes and localities. The participants also, portrayed strong messages through their posters also led a rally from Parade to Kacchi Chawani, to encourage people about the positive effects of afforestation. The event concluded with a formal vote of thanks by Dr. Ravinder Kour, Radhika Gupta, Priya Sharma and Nidhi Thakur, won the first, second and third prizes respectively.



  
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## 2. World Water Day (22<sup>nd</sup> March, 2016)



Seminar on 'Water and Jobs' was conducted on 22<sup>nd</sup> of March, 2016 under the scheme Swachh Bharat Abhiyan. Objectives of the event was to focus on the importance of freshwater and advocating for the sustainable management of freshwater resources, focus on supply and securing of clean and sufficient drinking water for the population and securing of access to sanitation, improvement and restoration of soil quality and thus raising productivity rates. The event started with formal welcome address presented by the NSS program officer, Dr. Ravinder Kour. She addressed that the primary aim of the seminar was to increase awareness among the students of the importance of water and to imbibe the idea of water being an engine for economic growth in their minds. In conformity with their given theme, the participants spoke on how nearly all jobs are related to water and those that ensure its safe delivery. They also pointed out, that today millions of people who work in water are often not recognized or even protected by basic labour rights. They stressed on the power that water and jobs have to transform people's life. Dr. Ravinder Kour, thanked all the participants, faculty staff and audience consisting of ore than 100 students for attending the event.

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### 3. World Environment Day (5<sup>th</sup> June, 2016)



Poster making competition on the topic, "Go wild for life" was conducted on 5<sup>th</sup> of June, 2016 to observe World Environment Day, under the Scheme Swachh Bharat Abhiyan. Objectives of the event was to commemorate World Environment Day and to spread awareness about the threat to the environment due to rising pollution levels, and climate change, and to focus on the role of nature in providing the essential infrastructure that supports life on Earth and human development. The event was inaugurated by, Dr. Renu Goswamy, Principal of the college. In her inaugural address she stressed on the growing need to strive and change our everyday lives to reduce the heavy burden of plastic pollution. The event confronted topics such as carbon neutrality, reducing greenhouse effect and focusing on forest development etc. The aim was to develop a platform to raise awareness on the problems facing our environment such as air pollution, plastic pollution, illegal wildlife trade, sustainable consumption, sea-level

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increase, and food security, among others. The participants through their posters, covered issues like marine pollution, global warming, sustainable consumption and wildlife crime. The event ended with Akansha Mahajan, acquiring first position in the competition, with Sunita Devi and Mridul Vrich coming up as the runner ups for the event.

#### 4. World Population Day (11<sup>th</sup> July, 2016)



To observe Beti Bachao, Beti Padhao slogan making competition was organized on 11<sup>th</sup> of July 2016. Slogan making activity was on the topic "Investing in teenage girls. Objectives of the event was to focus awareness on the urgency and importance of population issues, to empower girls to make informed choices about their health and lives. The event started with formal welcome address presented by the NSS program officer, Dr. Ravinder Kour welcoming all the participants and faculty members. The main objective of the competition was to raise awareness of global population issues. It aims at increasing people's awareness on various population issues such as the importance of family planning, gender equality, poverty, maternal health and human rights. The participants led a rally Parade Ground to Kacchhi Chawni to their message to educate girl child and other human rights. They put emphasis on the fact that

  
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when teenage girls are empowered, when they know about their rights and are given the tools to succeed, they become agents of positive change in their communities. The event concluded with a vote of thanks formally presented by NSS Program Officer, Dr. Ravinder Kour.

## 5. Republic Day (26<sup>th</sup> January, 2017)



Skill India under the scheme Beti Bachao, Beti Padhao was conducted on 26<sup>th</sup> of January, 2017.

Poster making competition was held on the topic, Skill India. Objectives of the event was to commemorate Republic Day and to focus on the development of talent within the country and improve the overall scope and space for underdeveloped sectors, to educate students against gender bias and improve efficacy of welfare services for girls and to promote women empowerment. The event started with a formal welcome address presented by NSS program officer, Dr. Ravinder Kour. The themes of the event were "Skill India" and "Beti Bachao, Beti Padhao". A total of 25 volunteers, participated in the said event with an audience of more than 100 students. The main aim of the event was to imbibe creativity and a sense of unity in the volunteers. The event emphasis on Skill India Mission which offers support, training, and guidance for all traditional types of employment like cobblers, weavers, welders, masons, blacksmiths, nurses, etc. The participants beautifully illustrated and highlighted the given themes through theirs which also portrayed a strong message of providing the girl child with education and enabling her participation. The event ended with the announcement of the winners of

  
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the competition and a vote of thanks was formally presented by Dr. Sapna Sharma, NSS Programme Officer.

## 6. International Women's Day (8<sup>th</sup> March, 2017)



Poetry and Speech Competition on 'Women in the Changing World of Work 50-50 by 2030' was conducted on 8<sup>th</sup> of March, 2017 under the Scheme Beti Bachao, Beti Padhao. Objectives of the event was to celebrate International Women's Day and to raise awareness about gender equality in all spheres of life, to further promote and raise awareness of women's rights and to achieve equal opportunity status in all walks of life and to celebrate the social, economic, cultural and political achievements of women, but also to mark a call to action for accelerating gender parity. The event was inaugurated by Dr. Aruna Dubey, Principal of the college. In her Inaugural address she emphasized on "Gender equality today for a sustainable tomorrow." Dr. Ravinder Kour, NSS Program Officer, formally presented the introductory speech for the event. The event comprised of activities such as dance items, singing competitions, poetry session and speeches confronting prevalent topics like, Girl Education, Women Rights etc. A total number of 30 students participated in the event with more than 100 students attending as audience. The event ended with a formal vote of thanks addressed by Dr. Ravinder Kour.

*Sapna Sharma*

Principal  
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## 7. World Environment Day (5<sup>th</sup> June, 2017)



A seminar on Connecting People to Nature, conducted on 5<sup>th</sup> of June, 2017 under the Scheme Swachh Bharat Abhiyan. A seminar was conducted on 'Connecting People to Nature Go Green'. Objectives of the event was to appreciate the beauty of nature and its importance, to take forward the call to protect the Earth, that we share, to highlight the importance of natural systems, and clean environment to humanity and to discuss various issues of the environment and come up with steps to save the planet and handle global warming and climate change. The event started with welcome address by Dr. Ravinder Kour, NSS program officer. This year's theme highlighted the importance of natural systems and a clean environment to humanity and encouraged people to appreciate those benefits "first-hand", including the "beauty and diversity of the natural world that's surrounds and sustains us". Six volunteers participated in the seminar with an audience of 100 students. All the speakers, emphasized on encouraging worldwide awareness and action to protect our environment. The event ended with a formal vote of thanks, presented by Dr. Ravinder Kour.

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Session :- 2017 – 2018


### 1. Independence Day (15<sup>th</sup> August 2017)

Poetry and Poster making competition on the topic, Independence Day conducted on 15<sup>th</sup> August 2017 under the Scheme Sankalp se Siddhi. Objectives of the event was to generate awareness among young volunteers and to encourage the students to showcase their talent. The event was inaugurated by the Programme officers. In their inaugural address they acquainted the volunteers with the importance of Independence Day and what it took to be an independent India. After that poetry and poster making competition was organized among the Volunteers and winners were declared.



### 2. Gandhi Jayanti (2<sup>nd</sup> October 2017)

“Poster and Slogan making competition” on 2nd of October 2017 under the Scheme Khelo India was held. Objectives of the event was to pay a tribute to Mahatama Gandhi Ji and to create awareness about Gandhian ideology which is also known as, “Philosophy of Non-Violence”. Volunteers took active part and winners were declared. Faculty members of the Political Science Department acted as Judges and Head of the Department also throw light on the Philosophy of Non-Violence moment of

  
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Gandhi Ji. Later volunteers also took part in cleanliness drive around the college campus. By the end of the event, a formal vote of thanks was presented by the Ravinder Kaur NSS Programme officer.



*[Handwritten Signature]*  
**Principal  
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**NSS Prog. Officer  
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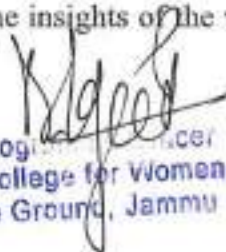
### **3. Cleanliness Drive at Chinore (20<sup>th</sup> November, 2017)**




Cleanliness Drive was conducted on 20<sup>th</sup> November 2017 under the Scheme Khelo India. The cleanliness drive was conducted in the adopted village of Chinore under the guidance of the program officers. This drive was organized under the mission of Swachh Bharat Abhiyan. Volunteers mainly aimed at collecting the plastic waste from the surroundings of the village and they also disposed it to a proper dumping ground so that no one could get harm from it. Volunteers have shown their active participation and they also interacted with the local residents of the village and guide them on how to keep their surroundings clean and the benefits of keeping their surroundings clean.

### **4. Use of Paytm (13<sup>th</sup> November, 2017)**

A training workshop on, Use of Paytm, was organized on 13<sup>th</sup> of November, 2017, under the overall supervision of worthy Principal of the College where more than 30 NSS volunteers participated. The objective of the workshop, was to reflect - how to use or operate the Paytm app, to make digital payments a swift and easy experience. In the mentioned workshop, a detailed presentation was presented by the Head of the Department Dr. Rupali Jamwal of BCA Department and volunteers acquired the insights of the workings of Paytm and its objectives. Finally, the Programme culminated

  
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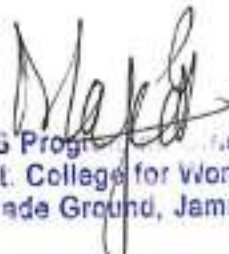
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with the vote of thanks presented by the NSS Programme officer of the NSS Unit, Prof. Ravinder Kaur.



### **5. First Aid Training ( 5<sup>th</sup> December, 2017 )**

NSS unit of GCW Parade organized a workshop on First Aid Training on 5<sup>th</sup> of December, 2017, under the scheme Sankalp Si Siddhi in collaboration with Red Ribbon club and Red Cross Society. A total number 20 NSS volunteers were part of the workshop. The primary goal of the workshop was to train the NSS volunteers, to provide immediate attention to a sick or injured person at the scene. It aims to preserve life, prevent the escalation of illness or injury, promote recovery, provide pain relief and protect the unconscious. The NSS volunteers under trained medical staff, enthusiastically participated in the said workshop. Earlier, Welcome address was presented by Programme officer of the Unit Professor Ravinder Kaur and Vote of thanks Presented by Dr. Sapna. The Workshop was conducted under the overall guidance of Worthy Principal.

  
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### 6. Health And Awareness Programme ( 15<sup>th</sup> January, 2018 )

'Health and Awareness Programme was conducted on 15<sup>th</sup> of January, 2018 under the Scheme Sankalp Si Siddhi by the NSS Unit of GCW Parade in College Campus under the able guidance of worthy Principal towards creating a healthier society by popularizing preventive measures and to educate volunteers and student body of the college about the need to take precautions and how to keep oneself healthy. NSS Volunteers and students of the college participated in the event. Faculty members from Ayush Department were the resource persons. They throw light upon the different aspects of the healthy living. Programme was culminated with vote of thanks presented by the Programme officer of the Unit Prof. Ravinder Kaur.



*Manoj*

NSS Programme Officer  
Govt. College for Women  
Parade Ground, Jammu

*Sps*  
Principal  
Govt. College for Women  
Parade Jammu



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**7. First Aid Red Cross Camp ( 7<sup>th</sup> February, 2018 )**

"First Aid Red Cross Camp" on 7th of February, 2018 under the scheme Sankalp Si Siddhi was organized by NSS Unit of GCW Parade Ground Jammu under the supervision of the respected Principal of the college, Dr. Hemla Aggarwal in collaboration with Red Cross Society of India. NSS volunteers participated in the mentioned camp. The primary goal of the workshop was to train the NSS volunteers and resource person shared the knowledge how to provide immediate attention to a sick or injured person at the scene. It aims to preserve life, prevent the escalation of illness or injury, promote recovery, provide pain relief, protect the unconscious. The programme was finally winded up by presentation of Vote of thanks presented by Programme Officer of the NSS Unit Prof. Ravinder Kaur.

**8. Visit To Old Age Home And Orphanages ( 15<sup>th</sup> February, 2018 )**

NSS Unit of GCW Parade Ground Jammu conducted a visit to Old Age Homes and Orphanages in the areas, Ambhpalla, Old Rehari, Talab Tiilo and Chinore etc. Objectives of the event was to talk to old aged people and orphan children in order to help them to cope the stress of old age. Programme officers of the Unit along with NSS Volunteers mostly from Psychology Department participated in the drive and spent some quality time with inmates of old age homes where they explained the inmates about how to cope up with the stress of old age.

  
NSS Programme Officer  
Govt. College for Women  
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Principal  
Govt. College for Women  
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### 9. One Day Civil Defence Camp ( 21<sup>st</sup> April, 2018 )

One Day Civil Defence Camp was organized by NSS Unit of the College in collaboration with Civil Defense Department on 21<sup>st</sup> April 2018 under the patronage of worthy Principal. The objective of the camp was to imbibe importance and knowledge in the students and to make them familiar with the civil defence its working and policies. Proper guidance and training were also given by Civil Defence officials to NSS Volunteers on the occasion and finally programme finished with the vote of thanks presented by the programme officer of the NSS Unit, Prof. Ravinder Kaur.



  
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Principal  
Govt. College for Women  
Parade Ground, Jammu





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### **10. Five Days Workshop On Civil Defence ( 28<sup>th</sup> may 2018 – 1<sup>st</sup> June 2018 )**

Five days Civil Defence workshop was organized in the college premises in collaboration with Civil defense Department under the able guidance of Worthy Principal held on 28<sup>th</sup> May 2018 to 1<sup>st</sup> June 2018. The official of the Civil Defence covered both theoretical and practical aspects of the workshop with the objectives how to save the lives, minimize loss of property and to keep the morals of the people high. The throw light on different aspects and functioning of Civil Defence. Proper training was also imparted to Volunteers of NSS Unit by Civil Defence Officials. Earlier, Welcome address was presented by Worthy Principal of the College and workshop ended with vote of thanks presented by Programme Officer of the NSS Unit Prof. Ravinder Kaur.



### **11. Red Cross Meal And Fund Raising ( 5<sup>th</sup> May, 2018 )**

NSS Unit of GCW Parade Ground Jammu, organized a Red Cross Mela in its college premises under the able guidance of respected Principal. The students as well as the faculty took active participation in the mentioned event. The primary aim of the mela was to raise awareness among the general public

  
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Parade Ground, Jammu

  
Principal  
Govt. College for Women  
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and fellow students regarding Red Cross Society and to generate funds for the welfare activities of the society. It was further informed that the funds generated would be used for giving financial assistance and treatments of poor patients.

**2018-2019**

**1 Swachh Bharat Abhiyan was conducted on 1<sup>st</sup> June 2018 to 07<sup>th</sup> June 2018.**

Swachh Bharat Abhiyan was conducted on 1<sup>st</sup> June 2018 to 07<sup>th</sup> June 2018. Title of the event was 'One step towards cleanliness'. Objectives of the event was to make volunteers aware about defecation, generate awareness about sanitation and its linkage with public health, to create an enabling environment for living etc, to imbibe students the importance of sanitation and cleanliness. Further helped in creating awareness among the public as well as private sector. The event was conducted at Chinore village The student took initiative to clean the surrounding. Proper guidance and support were given by college administration and Programme officers of NSS unit accompanied with the volunteers.



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NSS Programme Officer  
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Parade Ground, Jammu

*Spsa*  
Principal  
Govt. College for Women  
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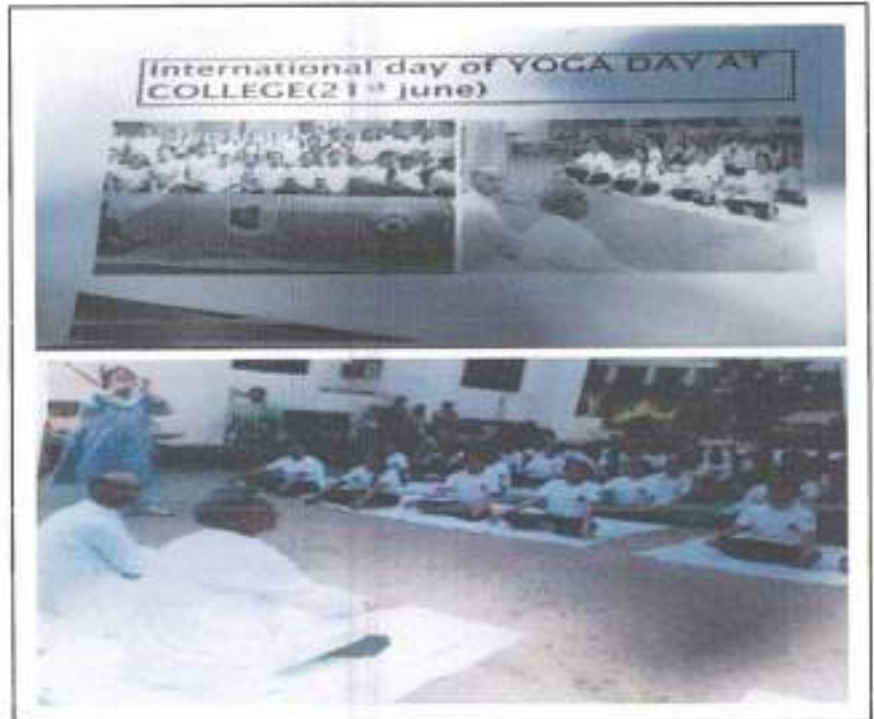
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## 2. International Yoga Day ( 22<sup>nd</sup> June, 2018 )

International Day of Yoga day was conducted in the college on 22st June 2018. The objective was to imbibe in volunteers and students the proper meaning of being healthy and to strengthen the global coordination among people through yoga, to make the students aware of physical and mental diseases and its solutions through practicing yoga, to acquaint the students about international yoga day and to make them aware about how to reduce the rate of health challenging diseases. and to develop in individual the habit of meditation so that they can enjoy peace of mind. Various meditation ideas were taken to imbibe the main moto of international yoga day among the volunteers and number of yoga exercises were done by the volunteers and faculty members.



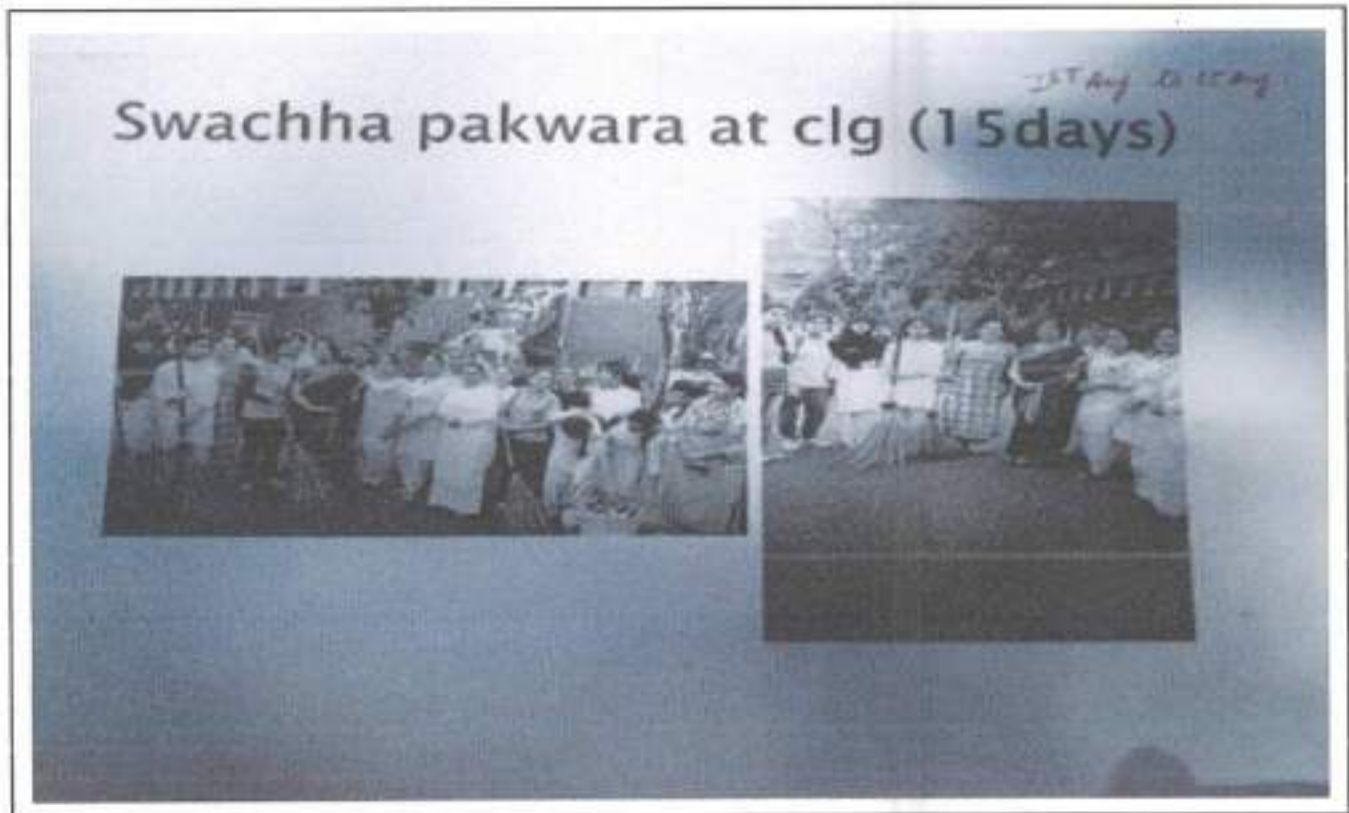
  
NSS Programme Officer  
Govt. College for Women  
Parade Ground, Jammu

  
Principal  
Govt. College for Women  
Parade Jammu



### 3. Cleanliness Drive ( 1<sup>st</sup> August, 2018 – 15<sup>th</sup> August, 2018 )

NSS unit of the Govt. College for Women, Parade Ground Jammu conducted two-week long cleanliness drive in adopted villages like Chinore and Belicharana under the guidance of advisory Committee. The NSS volunteers on the occasion covered different localities of the adopted village and themselves cleaned the Parks, canals, drainage systems. Visited the hospitals of the area and collected the polyethene's and dumped them in proper dustbins. On the occasion, NSS volunteers also briefed the local populace and attendants of patients about the benefits of clean environment around their Vicinity. At the end of drive local populace appreciated the efforts of NSS Volunteers and complimented them.



  
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Principal  
Govt. College for Women  
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#### 4. Orientation And Interaction Programme ( 12<sup>th</sup> September, 2018 )

NSS Unit of Govt. College for Women Parade Ground, Jammu conducted an Orientation and Interaction Programme in College Campus for newly enrolled students. The seminar was conducted in Conference room where new volunteers participated. New volunteers were apprised how the NSS Unit of the College works for Community. What are the rules and regulation followed by the volunteers. On the Occasion senior volunteers shared their experience working with NSS unit. The also discussed the

Interaction programme with NSS  
volunters at G.C.W parade, jammu  
12<sup>th</sup> of sept, 2018.



  
MSS Programme Officer  
Govt. College for Women  
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Principal  
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### **5. Adventure Camp At Dharmshala ( HP )**

NSS Unit of Govt. College for Women Parade, Ground Jammu organized a 10 days adventure camp at Dharamshala in which different activities like Paragliding, Hiking and Rock Climbing were taken out by NSS volunteers. Volunteers in many ways indulge in adventure. Volunteers also participated in cultural activities which were held on last day of the tour. These activities helped to strengthen the teamwork and personal accomplishment. Overall, the camp was well spent and campers added memories to cherish this.



  
NSS Programme Officer

  
Principal  
Govt. College for Women



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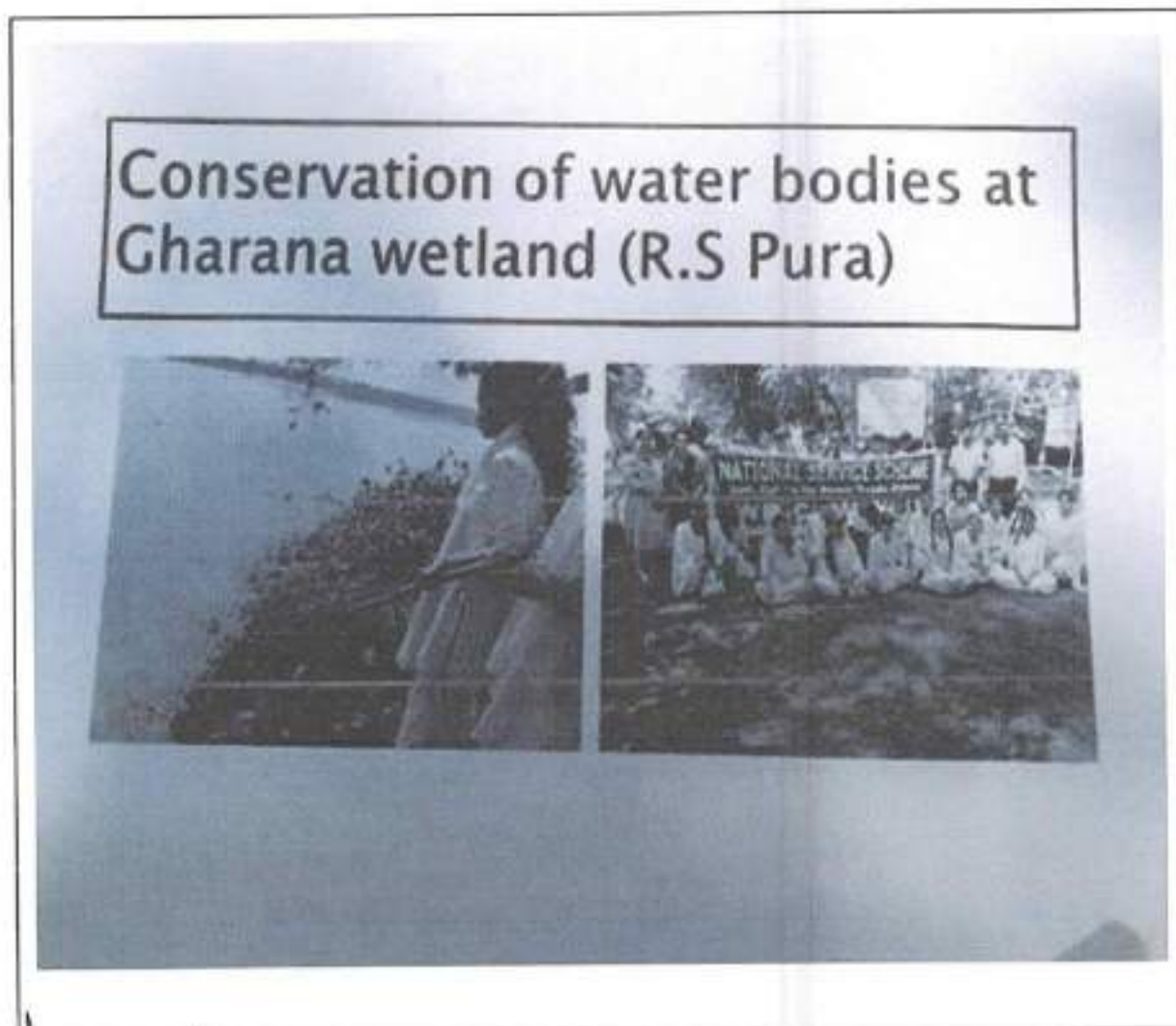
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## 6. Conservation Of Water Bodies ( 28<sup>th</sup> September, 2018 )

NSS Unit of Govt. College for Women Parade Ground Jammu organized a visit of NSS Volunteers to Gharana Wetland on 28<sup>th</sup> Sept. 2018. The visit was carried out under the supervision of NSS Programme officers viz., Prof. Sunil Kumar Bhat, Prof. Ravinder Kaur and Dr. Sapna. NSS volunteers on the occasion took awareness drive and apprised the local people how we can conserve our water bodies and let us not destroy our waterbodies in the name of Development and rather value their importance. On the occasion, volunteers also apprised the local community about the important role played by waterbodies in maintaining and restoring the ecological balance and depletion of such water bodies is our increasing negligence and lack of conservation of waterbodies.



*[Handwritten Signature]*

NSS Programme Officer

*[Handwritten Signature]*  
Principal



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**7. Observation Of Surgical Strike Day ( 23<sup>rd</sup> September, 2018 – 30<sup>th</sup> September, 2018 )**

NSS Unit of Govt. College for Women Parade Ground Jammu conducted Observance of Surgical Day on 23<sup>rd</sup> Sept up to 30<sup>th</sup> Sept. 2018. Students and volunteers participated in the event and on this day Indian Army launched surgical strikes against terrorist camps in Pakistan Occupied Kashmir. The strike on September 28, 2016 was in response to an attack by Pakistan based terrorists in Kashmir Uri. Different volunteers participated by giving speeches, taking out rally to apprise the local populace about the valour of our Indian army. The Programme ended with Vote of thanks presented by NSS programme officer of the Unit Dr. Sapna.

Observance of surgical strike day  
28<sup>th</sup> sept ,2018 to 30<sup>th</sup> sept,2018



*[Handwritten signature]*  
NSS Programme Officer

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NSS Unit



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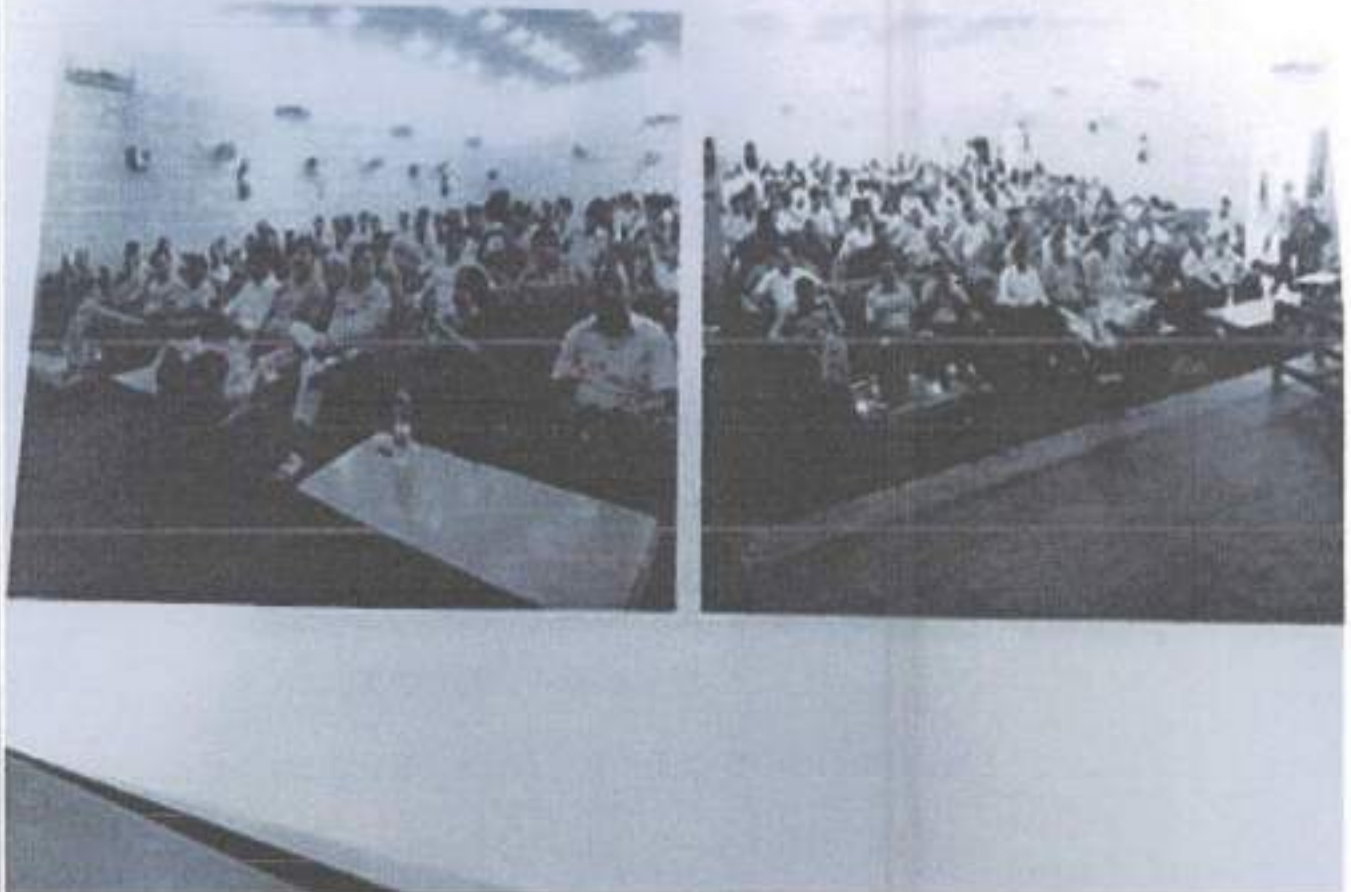
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NSS unit of Govt. College for Women Parade Ground, Jammu organized a seminar on non-violence Movement in which Volunteers of NSS actively participated. Different participants threw light on the topic non-violence and its impacts on Britishers. On the occasion, volunteers talked about those non-violent methods have been a powerful tool for social protest and revolutionary social and Political Change.

## Celebrating international day of non -violence (2<sup>nd</sup> oct,2018)





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Session 2019 – 2020

1. Lecture On Breast Cancer ( 12<sup>th</sup> September, 2019 )

Lecture on Breast Cancer was organized by the NSS Unit of GCW Parade, Ground Jammu on 12<sup>th</sup> September 2019 in order to aware the Volunteers and students about these deadly health condition. Resource person on this occasion presented the talk about the topic and exhorted upon the students to keep knowledge it and it is the most common cancer diagnosed in women. He also said Substantial support for breast cancer and awareness has helped in the treatment of breast cancer and survival rates have increased largely due to early detection, a new approach to treatment and a better understanding of the diseases. Earlier, welcome address was given by Respected Principal and the Programme ended with the vote of thanks presented by the Programme officer, Prof. Ravinder Kaur.



*Majeed*  
NSS Programme Officer  
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*S.P.S.*  
Principal  
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## 2. Plantation Drive ( 16<sup>th</sup> September, 2019 )

The plantation drive was carried out by NSS Unit of Govt. College for Women, Parade Ground, Jammu at Manda on 16<sup>th</sup> September 2019 in presence of Programme officers to enhance the tree cover of the area and to sensitize the students towards importance of trees. NSS volunteers enthusiastically participated in the Event. Total 20 students of the volunteers participated in the ongoing drive.



*M. Arora*  
NSS Programme Officer,  
Govt. College for Women,  
Parade Ground, Jammu

*S. Prasad*  
Principal  
Govt. College for Women,  
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### **3. Celebration Of Gandhi Jayati ( 2<sup>nd</sup> October, 2019 )**

NSS Unit of Govt. College for Women, Parade Ground, Jammu celebrated Gandhi Jayanti on 2<sup>nd</sup> of October, 2019 under the guidance of worthy Principal of the college. The Volunteers on the occasion recited Poems and present their knowledge about the Gandhian philosophy of life. They also throw light on non-violence movement and how we achieved the freedom from Britishers after long. Students from Music Department also participated in the celebration and at the end sing a song based on the truth and non-violence message of Bapu and also nationalistic songs.



*M. P. Singh*  
NSS Programme Officer  
Govt. College for Women  
Parade Ground, Jammu

*S. P. Singh*  
Principal  
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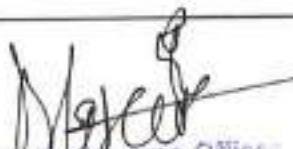
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#### 4. Lecture On Constitution Day ( 26<sup>th</sup> November, 2019 )

As extension lecture was organized by NSS Unit in Collaboration with NCC Unit of Govt. College for Women, Parade Ground, Jammu on Constitution Day, 26<sup>th</sup> November 2019 under the guidance of worthy Principal of the college. The Resource Person acknowledged the students to inculcate constitutional obligations, to create awareness among young generation about constitution, to sensitize the students about importance of constitution day. The aim was to publicize the glorious and rich composite culture and diversity of our nation. Further, it aims to create awareness of Fundamental Duties as enshrined in the Indian Constitution. The pledge was also taken. The Programme finally culminated with Vote of thanks presented by the NSS Programme officer, Professor Ravinder Kaur



  
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Principal  
Govt. College for Women  
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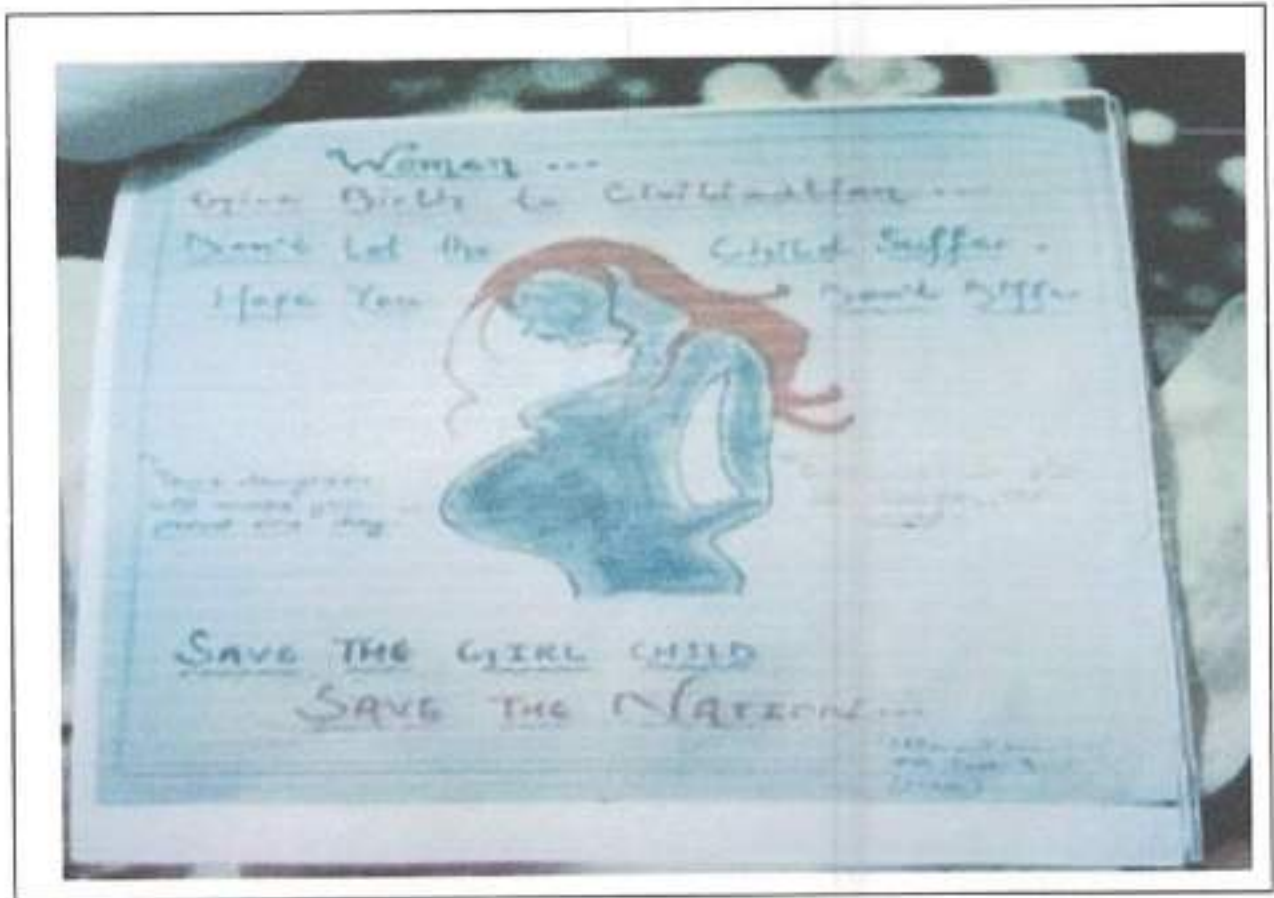
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**5. Celebration Of National Girl Child Week ( 24<sup>th</sup> January – 30<sup>th</sup> January, 2020**

NSS Unit of Govt. College for Women, Parade Ground, Jammu celebrated a week long National Girl Child week under the guidance of Respected Principal of the college. The Volunteers on the occasion threw light on different aspect Girl Child and how it is viewed in male dominated society. They also took a pledge to diminish this inequality by equipping themselves with quality education and make oneself aware about the rights of girl which are given by our constitution. Students of the College took part actively in this celebration and some students also showed their talent in art and craft by displaying their hand made products. At the end of the Week-Long Celebration NSS Programme officer, Prof. Ravinder Kaur presented vote of thanks to the participants.



**6. Poster Making Competition On Republic Day ( 26<sup>th</sup> January, 2020 )**

  
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Principal  
Govt. College for Women  
Parade Jammu

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NSS Unit of Govt. College for Women, Parade Ground, Jammu organized a poster making competition on the occasion of Republic Day, 26<sup>th</sup> January, 2020. Volunteers of the College fully participated in the event and displayed their talent in poster making competition. The day plays an important part in India's history and defines the democratic structure of the nation. Unites the country as a whole and irrespective of the cast, creed, colour, sex or religion and same was displayed by students in their creative poster making competition. At the end winners of the competition were announced.



**7. Poster Making Competition On Martyr's Day ( 23<sup>rd</sup> March, 2020 )**

NSS Unit of Govt. College for Women, Parade Ground, Jammu organized a poster making competition on the occasion of Martyrs Day. Volunteers of the College fully participated in the event and made posters of national heroes and brave freedom fighters like Bhagat Singh, Shivaram Rajguru

  
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Principal  
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and Sukhdav Thapar which sacrificed their lives for the mother land and were hanged on the same day. At the end winners of the competition were announced.



*[Signature]*  
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Govt. College for Women  
Parade Ground, Jammu

*[Signature]*  
Principal  
Govt. College for Women  
Parade Jammu





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**8. World kargil Vijay diwas by NSS unit of the college, 26<sup>th</sup> July 2020**

NSS unit of the college organised a rally on kargil diwas on 23<sup>rd</sup> march 2020. Nearly 50 students participated in this rally . The main aim of this rally was to make the students aware about the importance of national integration.



**9. Visit to old age home and orphanage by the NSS unit of the college, 5<sup>th</sup> August 2020**

NSS unit of the college organised a seminar and event on 5<sup>th</sup> august 2020. Nearly 25 students participated in this event. The main aim was to make the youth of today understand the problems and situations of old age group



  
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Govt. College for Women

  
Principal  
Govt. College for Women  
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### 10. Hindi Diwas was organised by the NSS unit of the college on 14<sup>th</sup> September 2020

NSS unit of the college organised a poster making competition on 14<sup>th</sup> September 2020 to showcase the importance of Hindi language and to promote Hindi language Worldwide. World Hindi day was first celebrated in 2006 by the former prime minister Man Mohan Singh. Nearly 40 students participated in this event.



### 11. National Unity Day, Seminar was held on 31<sup>st</sup> October, 2020

NSS unit organised a seminar on national unity day to pay tribute to veteran freedom fighter of the Nation Sardar Vallabbhai Patel through Rashtriya Ekta Diwas. Nearly 40 students participated in this astonishing event.



*[Handwritten signature]*

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Principal



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### 12. Rangoli activity was organised on 14<sup>th</sup> October 2020

NSS unit organised a drawing competition and Rangoli activity on 14<sup>th</sup> October 2020 to represent happiness, positivity, and liveliness and welcome goddess Lakshmi the goddess of wealth and good luck, in the college premises. Nearly 30 volunteers participated in this activity.



### 13. Communal Harmony Week. Debate Competition was held on 19<sup>th</sup> October 2020

NSS unit organised a debate competition on 19<sup>th</sup> October 2020 to promote the ethos of Communal Harmony and National Integration among the youth of today. Around 40 volunteers participated in this competition.



  
NSS Programme Officer  
Govt. College for Women

  
Principal



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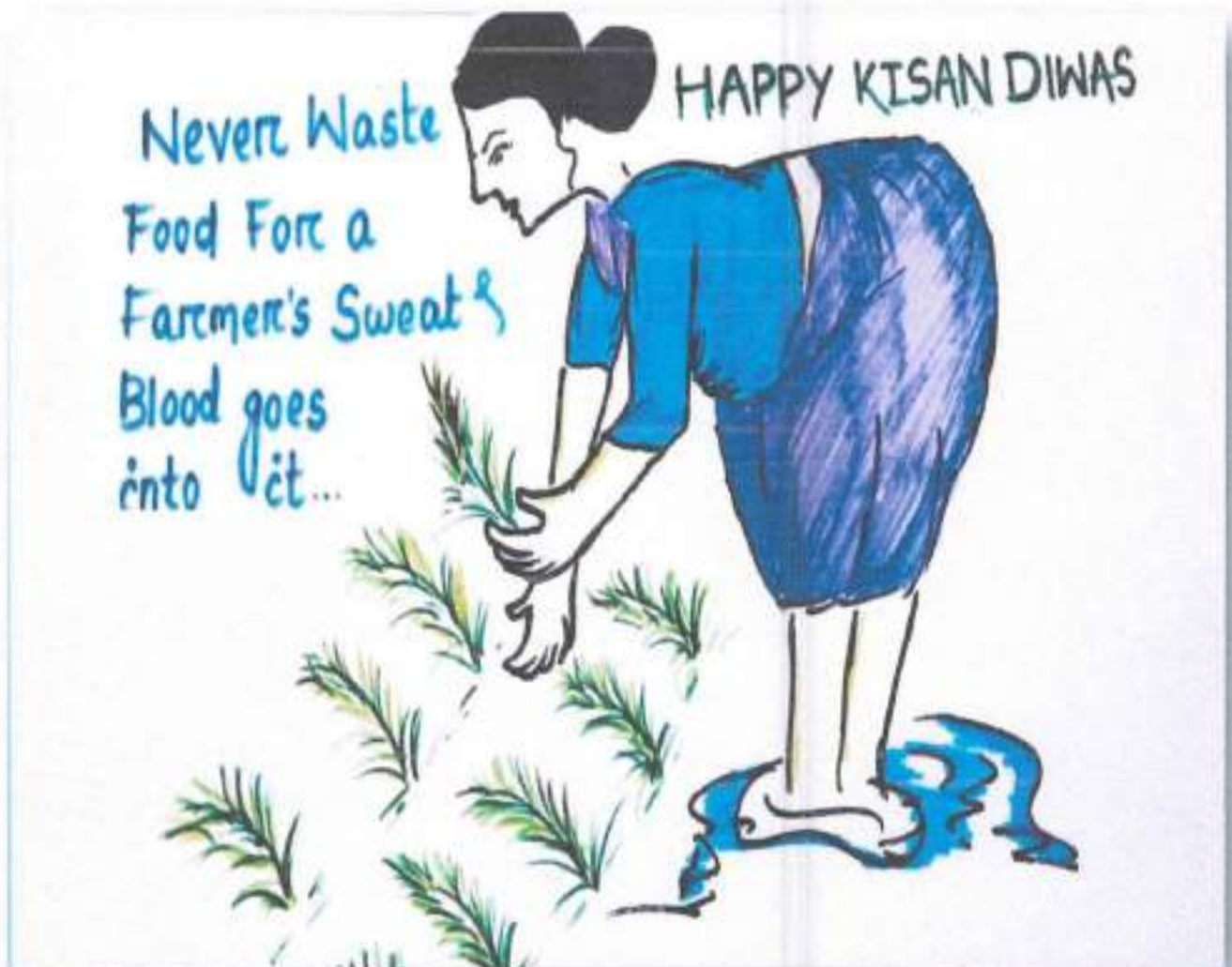
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### 14. Farmer's Day, 23<sup>rd</sup> October 2020

NSS unit methodized a poster making competition on 23<sup>rd</sup> October 2020 to make the birth anniversary of former Prime Minister and farmer leader Chaudhary Charan Singh and also to commemorate Farmer's Day and to express our gratitude to Farmers who form the backbone of the country's economy. Nearly 35 students participated on this day.



  
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### 15. World AIDS Day, 1<sup>st</sup> December 2020

NSS unit arranged a poster making competition on 1<sup>st</sup> December 2020 to unite the people worldwide in the fight against HIV, to show support to individuals living with HIV and to promote and raise awareness among the youth of today regarding HIV and AIDS. Nearly 35 students voluntarily participated in this competition.



  
NSS Programme Officer  
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Principal  
Govt. College for Women  
Parade Jammu



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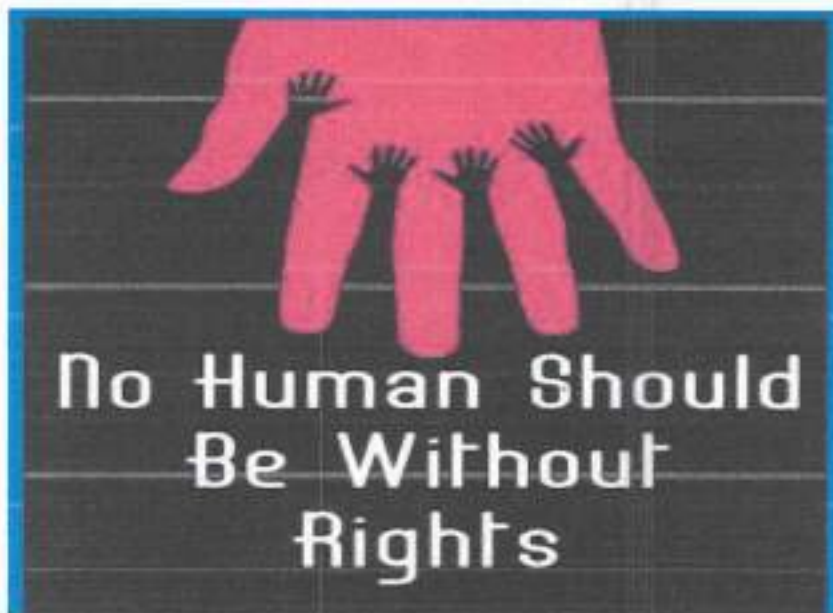
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### 16. Human Rights Day, 10<sup>th</sup> December 2020

NSS unit organised a slogan competition on 10<sup>th</sup> December 2020 to address and find a solution for deep rooted forms of discrimination. Nearly 35 volunteers participated on this day.



*Mexel*  
NSS Programme Officer  
Govt. College for Women

*Spsa*  
Principal  
Govt. College for Women  
Parade Ground, Jammu



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### 17. Sadak Suraksha Jeevan Raksha, 19<sup>th</sup> February 2021

NSS unit organised a campaign on Sadak Suraksha Jeevan Raksha on 19<sup>th</sup> February 2021 to promote awareness among the students. Nearly 20 volunteers participated in this campaign.

### 18. International Women's Day, 8<sup>th</sup> March 2021

NSS unit organised an event on 8<sup>th</sup> March 2021 to honour the social, economic, and cultural achievements of women from all areas of life and also to promote the theme of "Beti Bachao Beti Padhao". Around 50 volunteers participated in this event.

**GCW PARADE  
GROUND JAMMU**

*J&K Quality B.M. NCC  
Jammu*



*[Signature]*  
NSS In-charge Officer  
Govt. College for Women  
Parade Ground, Jammu

*[Signature]*  
Principal  
Govt. College for Women  
Parade Jammu



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### 19. World Forest Day Celebrated by NSS Unit of the College, 21<sup>st</sup> March, 2021

#### Seminar on World Forest Day

NSS Unit of the College organized a Seminar on the theme, 'FOREST RESTORATION: A PATH TO RECOVERY AND WELL BEING' on 21<sup>st</sup> March, 2021 to commemorate World Forest Day. Nearly 50 students participated in various activities.

#### Activity under AAZADI KA AMRUT MAHOTSAV

#### NSS Volunteers of GCW Parade, commemorates "WORLD ENVIRONMENT DAY 2021."



On 5<sup>th</sup> of June, NSS Unit of GCW Parade organised an event to celebrate World Environment Day. Volunteers in the said event, took active participation and shared their ideas on ecosystem restoration. They showed their support by making posters and slogans on the theme: "Reimagine, Recreate, Restore". This activity is followed by several other activities which were a part of the mentioned event.

  
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Govt. College for Women  
Parade Ground, Jammu

  
Principal  
Govt. College for Women  
Parade Jammu





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**NSS unit Activity under AAZADI KA AMRUT MAHOTSAV**

On 18<sup>th</sup> June NSS organized an **ONLINE VIDEO MAKING COMPETITION** for **INTERNATIONAL YOGA DAY** on 21<sup>st</sup> of June, 2021



Link for the videos: -

- <https://www.facebook.com/100067914001288/videos/125830256357441/>
- <https://www.facebook.com/100067914001288/videos/125830313024102/>
- <https://www.facebook.com/100067914001288/videos/125830389690761/>
- <https://www.facebook.com/100067914001288/videos/125830533024080/>



4<sup>th</sup> of July, NSS Unit of GCW Parade Ground, Jammu, organised an Online poster making competition on the occasion of International Day against Drug Abuse and Illicit Trafficking. Volunteers took active participation in raising awareness about the global drug problem and to eliminate drug abuse.

**Activities under AAZADI KA AMRUT MAHOTSAV**

*Magesh*  
NSS Project Officer  
Govt. College for Women

*S.P.S.*  
Principal  
Govt. College for Women



ON 16<sup>TH</sup> Of July, NSS Unit of GCW Parade commemorates World Population Day and World Paper Bag Day on the theme "The Impact of Covid 19 Pandemic on Fertility" and "Eradicate Plastic and Safeguard Earth" respectively.



On 31<sup>st</sup> of July, NSS Volunteers along with NCC cadets celebrated Kargil Vijay Diwas. Volunteers and cadets also visited the houses of the soldiers who were martyred at the Kargil war and as a tribute to their bravery and iron souls, NSS Volunteers and NCC cadets, honoured their family members with mementos and portraits.



  
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# Independence Week 10-15 August, 2021



### Schedule

10 - 08 - 2021 : Recitation of the National Anthem and Patriotic singing/dancing competition

11 - 08 - 2021 : Poster making competition

12 - 08 - 2021 : Essay Writing on the topic India since Independence - A progressive journey

13 - 08 - 2021 : Cleanliness Drive

14 - 08 - 2021 : Play, Poetry Recitation

15 - 08 - 2021 : Flag Hoisting Ceremony





**Government College for Women Parade Ground, Jammu**

Under the auspices of its NSS Unit and Aazadi Ka Amrut Mahotsav (celebrating 75 years of independence)

Commemorates Independence Week - "Nation First, Always First"

From 10 August 2021 - 15 August 2021



This event is organised by NSS Unit of the college.

### Organisers :


Dr. Gurpreet Kour (NSS PO)  
Dr. Mohd. Majeed (NSS PO)  
Dr. Pervaiz Ahmed (NSS PO)

### Link for Submission

 [Instagram Link](#)  
<https://www.instagram.com/nssunitgcwparadeground>  
[@nssunitgcwparadeground](https://www.instagram.com/nssunitgcwparadeground)

 [Facebook Link](#)  
<https://www.facebook.com/nssunitgcwparadeground>  
100012021



  
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Govt. College for Women  
Parade Ground, Jammu

  
Principal  
Govt. College for Women  
Parade Jammu

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**Activities under AAZADI KA  
AMRUT MAHOTSAY**

On the occasion of INDEPENDENCE  
DAY, (15<sup>th</sup> Aug) NSS Unit  
Commemorates Independence Week



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Govt. College for Women  
Parade Ground, Jammu

Principal  
Govt. College for Women  
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# NSS Volunteers of GCW Parade Ground Jammu led an Awareness Drive on the theme "Rights of Rivers" at Jewel, on

## World Rivers Day.

### 26<sup>th</sup> September, 2021



### **IQAC UNDER MANODARPAN INITIATIVE IN COLLABORATION WITH NSS, ORGANISES, AN ESSAY WRITING COMPETITION ON WORD SUICIDE PREVENTION DAY, 10<sup>th</sup> September, 2021**

GOVERNMENT COLLEGE FOR WOMEN, PARADE GROUND, JAMMU (J&K)

**IQAC (Internal Assurance Quality Cell) under Manodarpam Initiative in collaboration with NSS (National Service Scheme), organises**



**AN ESSAY WRITING COMPETITION On World Suicide Prevention Day (2021)**

**Theme: "Creating Hope Through Action".**  
Submit images of your essays on the official Instagram page of the NSS Unit: @nssunitgcwparade

- \* Creative and meaningful, logically, make sense and relevant to clearly related to the topic and should not more than an area of 10000 words. The contents in the essays should be original and not copied from any source. The contents in the essays should be original and not copied from any source. The contents in the essays should be original and not copied from any source.
- \* Essay should be submitted by the deadline. The contents in the essays should be original and not copied from any source. The contents in the essays should be original and not copied from any source.
- \* Winner, Participants can see their registration details on the official Instagram page of the NSS Unit.

**Chief, IQAC.**

Principal Prof. Dr. S. P. Sharma.

**Organiser.**

IQAC, Psychological Counselling Cell.

NSS Programme Officer  
Govt. College for Women  
Parade Ground, Jammu

Principal  
Govt. College for Women  
Parade Jammu



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NSS unit Celebrations of Gandhi Jayanti and International Day of Non - Violence at Darbar-e-Aam (Mubarakh Mandi). ( 2 October, 2021)



## Rashtriya Ekta Diwas



Date of the event :- October 30<sup>th</sup>, 2021  
Mode of Conduct :- Online

Total Number of Participants :- 65

**Context-** NSS Volunteers of GCW Parade Ground Jammu, commemorated Rashtriya Ekta Diwas with a series of activities such as poster making and slogan making competition. To felicitate the said event, nss volunteers also took the pledge on Rashtriya Ekta Diwas through a virtual platform.

  
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Principal  
Govt. College for Women  
Parade Ground, Jammu

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# GOVT. COLLEGE FOR WOMEN PARADE GROUND, JAMMU

## NSS Unit

Initiative taken by volunteers of NSS Units of GCW  
Parade Ground Jammu, for the development of  
**adopted villages**

  
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Govt. College for Women  
Parade Ground, Jammu

  
Principal  
Govt. College for Women  
Parade Jammu

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## CLEANLINESS DRIVE AT PRIMARY SCHOOL (BELICHARANA) 07-10-2021



## CLEANLINESS DRIVE AT HIGH SCHOOL (Raipur satwari) NEAR BELICHARANA 08-10-2021



  
PSU Officer  
Govt. College for Women  
Parade Ground, Jammu

  
Principal  
Govt. College for Women  
Parade Jammu





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## CLEANLINWSS DRIVE AT HIGH SCHOOL (Raipur satwari) NEAR BELICHARANA 08-10-2021



## CLEANLINESS CUM AWARENESS DRIVE (CHINORE) 08-12-2021



  
Principal  
Govt. College for Women  
Parade Ground, Jammu

  
Principal  
Govt. College for Women  
Pgrade Jammu

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## CLEANLINESS CUM AWARENESS DRIVE (CHINORE) 08-12-2021



## AWARENESS DRIVE AND MASK DISTRIBUTION (CHINORE) 28-12-2021



*Majeed*  
W.S.D. Project Officer  
Govt. College for Women  
Parade Ground, Jammu

*SP*  
Principal  
Govt. College for Women,  
Parade Jammu



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## FREE CLOTH DISTRIBUTION DRIVE (CHINORE) 10-03-2022



## DISTRIBUTION OF FREE NUTRITION KITS (CHINORE) 05-04-2022



*Majeed*  
2022 Project Officer  
Govt. College for Women  
Parade Ground, Jammu

*SPS*  
Principal  
Govt. College for Women  
Parade Jammu



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## NATIONAL CADET CORPS(NCC)



### LIST OF ACHIEVEMENTS OF NCC CADETS IN THE LAST FIVE YEARS

(2016-2021)



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2016-2017

S.no	Name of the NCC cadet	Achievement	Event	Date
1.	Cdt. Juhi Charak	Play card holder in Prime Minister rally	New Delhi	26 <sup>th</sup> January, 2016
2.	Cdt. Preeti Kumari	Bronze medal in group dance	Special National Integration Camp at Lakshadweep	13 <sup>th</sup> April to 31 <sup>st</sup> April, 2016
3.	Cdt. Shashi Sharma	Best cadet award	Army attachment camp	1 <sup>st</sup> June 2016 to 25 June 2016
4.	Cdt. Hansja Sharma	Gold medal in Best Cadet Camp senior	Combined Annual Training Camp	11 <sup>th</sup> December to 20 <sup>th</sup> December, 2016
5.	Cdt. Muskan	5 <sup>th</sup> position and cash prize of Rs.1000 by DC Simran Deep Singh	Postal making competition Dhi Dhan Mela at Police line	2016
6.	Cdt. Anjali	Silver medal in culture competition	National integration camp at Gujarat	2016
7.	SUO Shivani Bhagat	Youth exchange program	Attended in Sri Lanka	2016-17
8.	SUO Jasmine Chib	Youth exchange program	Attended in Nepal	2016-17
9.	Gold medal in group dance and solo dance	National Integration Camp at Dimapur, Nagaland	Gold medal in group dance and solo dance	2017
10	Gold medal in painting competition	Army attachment camp at Satwari	Gold medal in painting competition	2017
11	SUO Yamana	Gold medal and trophy	National integration assurance partnership	2017

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	Kotwal		at national Integration camp Jammu	
12	Cdt. Bhavana Seth	Special prize	Skeeing camp at Gulmarg	20 <sup>th</sup> March to 27 <sup>th</sup> March 2017
13	<b>Cdt. Shashi Sharma</b>	Best cadet at Basohli camp and camp adjutan	International Yoga Day	20 June -25 June 2017
14	Cdt. Kajal Lengeh	Mountaineering winter sports	Ist prize in climbing	30 June -27 July 2017

**2017-2018**

S.no	Name of the NCC cadet	Achievement	Event	Date
1.	Cdt. Kajal Lengeh	Trophy with alpha grade  Trophy (1 <sup>st</sup> position)	Basic Mountaineering Course  Mountaineering winters sports at basic mountaineering course	1 <sup>st</sup> to 28 <sup>th</sup> July,2017  30 <sup>th</sup> June 2017 to 27 <sup>th</sup> July 2017
2.	Cdt. Juhi Charak	Gold medal in group dance  Best cadet and camp senior Gold medal and trophy Trophy as a parade commander  Gold medal in group	National Integration Camp at Dimapur, Nagaland  Advance Leadership Camp, Malout  Independence day parade at mini stadium Jammu National information	2017  7 <sup>th</sup> September to 18 <sup>th</sup> September,2017  4 <sup>th</sup> August 2017 to 15 <sup>th</sup> August 2017  2 <sup>nd</sup> October.2017 to

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		singing	assurance partnership ,Malout	13 <sup>th</sup> October.2017
3.	Cadt. Kajal Langeh	Gold medal	Rock Climbing training camp	26 <sup>th</sup> September to 3 <sup>rd</sup> October,2017
4.	Cdt. Neha Yadav	5 <sup>th</sup> position	BSF half marathon	20 <sup>th</sup> oct.2017
5.	Cdt. Palbi Sharma	Trophy of best cadet	Pre national integration camp nagrota	29 <sup>th</sup> October.2017 to 7 <sup>th</sup> November.2017
6.	Cdt. Nimi Saroj	Silver medal in singing	Ajmer Tracking Camp	7 <sup>th</sup> November, to 14 <sup>th</sup> November, 2017
7.	Cdt. Ruchika	Silver medal in singing  Silver medal in drawing competition	Ajmer Tracking Camp  Police line during traffic week	7 <sup>th</sup> November to 14 <sup>th</sup> November, 2017  2017
8.	Cdt. Palbi Sharma	Best cadet in camp senior	Pre-National Integration Camp	29 <sup>th</sup> October to 7 <sup>th</sup> November, 2017
9.	Cdt. Mehak Mahajan	All India trekking expedition	Anchor, gold medal in extempore	7 <sup>th</sup> November. to 14 <sup>th</sup> November. 2017
10	Cdt. Simple	Silver medal in kho- kho	Ajmer Tracking Camp	7 <sup>th</sup> November to 14 <sup>th</sup> November. 2017
11	Cdt. Hitashi	Silver medal in kho- kho	Ajmer Tracking Camp	7 <sup>th</sup> November to 14 <sup>th</sup> November. 2017
12	Cdt. Jaishree	Silver medal in kho- kho	Ajmer Tracking Camp	7 <sup>th</sup> November to 14 <sup>th</sup> November. 2017
13	Cdt. Mehak Mahajan	Gold in Extempore  2 <sup>nd</sup> prize in Inter- college Quiz competition  Gold medal in declamation	Ajmer Tracking Camp  Swachh Bharat Abhiyan  Annual Training Camp	7 <sup>th</sup> November to 14 <sup>th</sup> November. 2017  2017
14	Cdt. Shashi Sharma	Gold medal with Trophy in Indias best Para Jumper	Para Jump Camp at Agra from	4 Nov. 2017 to 23 Nov. 2017.
15	Cdt. Nimi Saroj & Cdt. Ruchika	silver medal in singing	Ajmer Trekking Camp	7 <sup>th</sup> November To 14 <sup>th</sup> November, 2017.,

  
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16	Cdt. Simran Kour	NCC pre national integration camp Cleared SSB exam	Pre-National Integration Camp	5 <sup>th</sup> December, 2017
17	Cdt. Sohany	Special allocation by HRTC	Cashless programme in demonetization at Delhi	2017
18	Cdt. Minal Sharma	Gold medal in group dance	National Integration Camp at Dimapur, Nagaland	2017
19	Cdt. Kanchan Kumari	Gold medal in rangoli making competition	National Integration Camp at Port Blair	2017
20	Cdt. Kavya Kharvanda	Gold medal in rangoli making competition	National Integration Camp at Port Blair  Rifle National shooting camp at Pune	2017  2017
21	Cdt. Janvee	Gold medal	PM Rally in Delhi	18 <sup>th</sup> January to 31 <sup>st</sup> January 2018
22	Cdt. Shivani	Gold medal	PM rally in Delhi	18 <sup>th</sup> January to 31 <sup>st</sup> January 2018
23	Cdt. Soumya Kousar	Gold medal with trophy	Eco cycling expedition from Delhi to Nepal	1 <sup>st</sup> March to 10 <sup>th</sup> March, 2018

2018-2019

S.no	Name of the NCC cadet	Achievement	Event	Date
1.	Cdt. Kajal Langeh	Trophy with alpha grade	Advance Mountaineering Course	28 <sup>th</sup> June to 24 <sup>th</sup> July, 2018
2.	SUO Jyotsna	Gold medal	32 north zone shooting championship at Delhi	2018

  
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3.	Cdt. Shrifal Raina	Gold medal by CO.RK Sharma	Piloting in Thal Sanik camp at nagrota	2018
4.	Sumit Kour	Gold medal by CO.RK Sharma	Piloting in Thal Sanik camp at nagrota	2018
5.	Shivali Dogra	2nd best cadet award and cash prize	Jamme and Kashmir	2018
6.	Cdt. Priyanka Sandhu	Appreciation Certificate with medal	ADG appreciation certificate	8 <sup>th</sup> October,2018
7.	Cdt. Palvi Sharma	Trophy of Best Cadet	Pre-National Integration Camp at Nagrota	29 <sup>th</sup> Oct. to 7nov.2018.
8.	Cdt. Muskan Rajput	Third prize	Poster making competition and in-transit swasth Bharat yatra	27 <sup>th</sup> November to 29 <sup>th</sup> November 2018
9.	Cdt. Kajal Langeh	Trophy with alpha grade	Advance Mountaineering Course	28 <sup>th</sup> June to 24 <sup>th</sup> July,18
10.	Cdt. Simran Khatri	Gold medal in volleyball	Ajmer Tracking Camp	13 <sup>th</sup> November to 20 <sup>th</sup> Nov 2018
11.	Cdt. Mahima	Gold medal in co-ordinator	Ajmer Tracking Camp	13 <sup>th</sup> November to 20 <sup>th</sup> November 2018
12.	Mitali Sharma	Gold medal in co-ordinator	Ajmer Tracking Camp	13 <sup>th</sup> November to 20 <sup>th</sup> November 2018
13.	Cdt. Sakshi Bandral	Best performance	OTA Gawalior	3 <sup>rd</sup> December to 15 <sup>th</sup> December,2018
14.	Cdt. Deepika	Best performance	OTA Gawalior	3 <sup>rd</sup> December to 15 <sup>th</sup> December,2018
15.	Cdt. Priya Chib	Silver medal	State National Integration camp	March 2019
16.	Cdt. Pooja Yadav	Gold medal in Group Dance	Combined Annual Training Camp	17 <sup>th</sup> June to 26 <sup>th</sup> June,19

  
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17.	Cdt. Muskan Yadav	Best Cadet Gold medal in Painting Competition Gold medal in tug of war Gold medal for camp senior Selected for shooting campo	Combined Annual Training Camp  The Rifle Shooting Camp	17 <sup>th</sup> June to 26 <sup>th</sup> June,19  12 <sup>th</sup> August to 27 <sup>th</sup> August,19
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2019-2020

S.no	Name of the NCC cadet	Achievement	Event	Date
	Cdt. Shivani Thapa	Gold medal in second camp senior and participation in culture programme		2019
	Cdt. Swati Sharma	District Level Prize in Debate Competition and bagged Gold medal	Women Empowerment	2019
	Cdt. Baby Thappa	•First prize in cooking competition •First prize in tug of war •First prize in public speaking and essay writing  • medal in tug of war	Army Attachment Camp at Satwari.  Combined Annual Training Camp	16 September,19 to 30 <sup>th</sup> Sepemtember,19  17 <sup>th</sup> June to 26 <sup>th</sup> June,19

  
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		Gold medal in cultural Gold medal in piloting and table drill		
	Cdt. Priyanka Sandhu	Gold medal in yoga	Combined Annual Training Camp in Nagrot	17 <sup>th</sup> June to 26 June 2019
	Cdt. Bhawna Dogra	Cdt. Bhawna Dogra	Combined Annual Training Camp	18 Aug. to 27 <sup>th</sup> Aug. 2019
	Cdt. Shilpa Charak	•Gold meda in Obstacle Training •Gold medal in Group Dance	Combined Annual Training Camp	17 <sup>th</sup> June to 26 <sup>th</sup> June,2019
	Cdt. Pooja Yadav	Gold medal in Group Dance	Combined Annual Training Camp	17 <sup>th</sup> June to 26 <sup>th</sup> June,2019
	Cdt. Muskan Rajput	Best Cadet Gold medal in Painting Competition Gold medal in tug of war Gold medal for camp senior Selected for shooting camo	Combined Annual Training Camp  The Rifle Shooting Camp	17 <sup>th</sup> June to 26 <sup>th</sup> June,2019  12 <sup>th</sup> August to 27 <sup>th</sup> August,19

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June - 11 - 2019

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	JUO Bhawna Dogra	Gold medal  2 <sup>nd</sup> Position in tug of war  MR competition girls  3 <sup>rd</sup> Best Cadet  2 <sup>nd</sup> prize  1 <sup>st</sup> position in line area	Volleyball competition at Malout  Combined Annual Training Camp   Painting Competition  Advance Leadership Camp at Malaout	2019  18 <sup>th</sup> August to 27 <sup>th</sup> August,2019    7 <sup>th</sup> September to 18 <sup>th</sup> September,2019
	SUO Muskan Rajput	Certificate	Inter-directorate shooting championship  Hot air ballooning at Nagrota	25 <sup>th</sup> August,2019  10 <sup>th</sup> December to 19 <sup>th</sup> December,2019
	Cdt. Vishali Bhau	Gold medal in group dance	Ek Bharat Shreshtha Bharat at Nagrota	10 <sup>th</sup> October.2019 to 22 <sup>nd</sup> October 2019

  
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2020-2021

S no.	Name of the cadets	Achievements	Events	Date or year
1.	SUO Muskan Rajput	Cash prize of Rs.4500	Best cadet of J&k directorate	2020
2.	SUO Yamana Kotwal	All rounder best cadet award	Jammu and Kashmir	2019-2020
3.	SUO Sheetal Bhat	Best cadet award	International Women's day	8 <sup>th</sup> March 2021
4.	SUO Anidhi Devi	Rajpath NCC girls marching contingent ,PM rally 2021  All India rank 2 <sup>nd</sup>  Appreciation letter and medal from commanding officer	Republic day camp 2021  Inter-directorate digital forum competition  Felicitation ceremony	8 <sup>th</sup> December -29 January 2021  July2020 -15 August 2021  17 may 2021

  
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## NATIONAL CADET CORPS (NCC)



### ACHIEVEMENTS GALLERY

  
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Cdt. Juhi Charak received medal for being Play Card holder in Prime Minister Rally held on 28 January 2016.



Cdt. Preeti Kumari bagged Bronze medal in group dance in Special National Integration Camp , Lakshadweep from 13<sup>th</sup> April to 31<sup>st</sup> April 2016.

  
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**Cdt. Shashi Sharma receiving Best Cadet Award presented in army attachment Camp held at Satwari from 1<sup>st</sup> June 2016 to 25<sup>th</sup> June 2016.**



**Cdt. Hansja Sharma Cleared SSB in 2019 and received Gold Medal in Best Cadet and Camp senior in National Integration Camp , Nagaland from 11 Dec. 2016 to 20 Dec. 2016.**

  
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Cdt. Muskan secured 5<sup>th</sup> position and cash prize Rs.1000 by DC simran deep Singh in Dhi Dhan Mela at Police Line in 2016.



Cdt. Anjali received Silver medal In Cultural Competition in National Integration camp at Gujarat in 2016.

  
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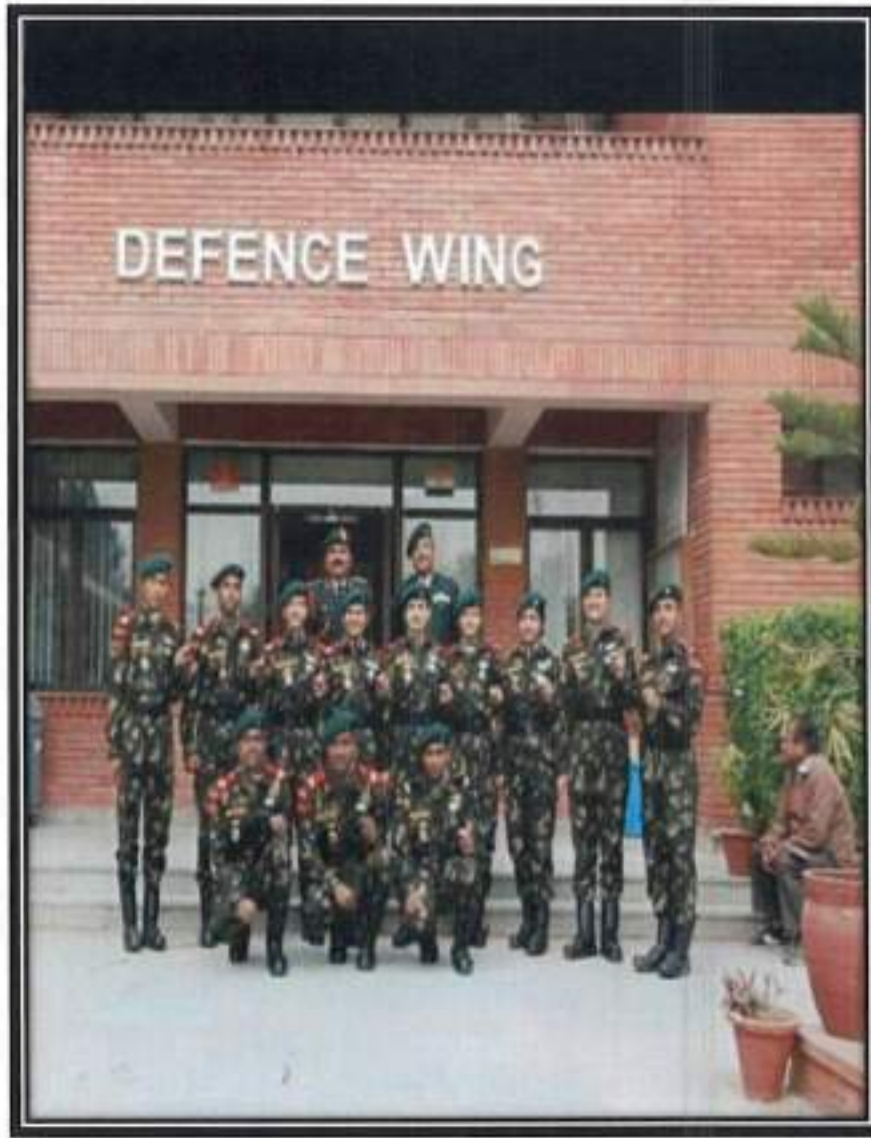
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SUO Shivani Bhagat attended Youth exchange programme in Srilanka in 2017.

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SUO Jasmina Chib Attended Youth Exchange Programme in Nepal in 2017.



SUO Yamana Kotwal got a gold medal and trophy in National Integration Assurance Partnership at National Integration Camp Jammu in 2017.

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Cdt. Bhavana Seth got special prize in Skiing camp at Gulmarg from 20<sup>th</sup> March to 27<sup>th</sup> March 2017.



Cdt. Kajal Langeh received 1<sup>st</sup> prize in Mountaineering Winter sports from 30 June to 27 July 2017.

  
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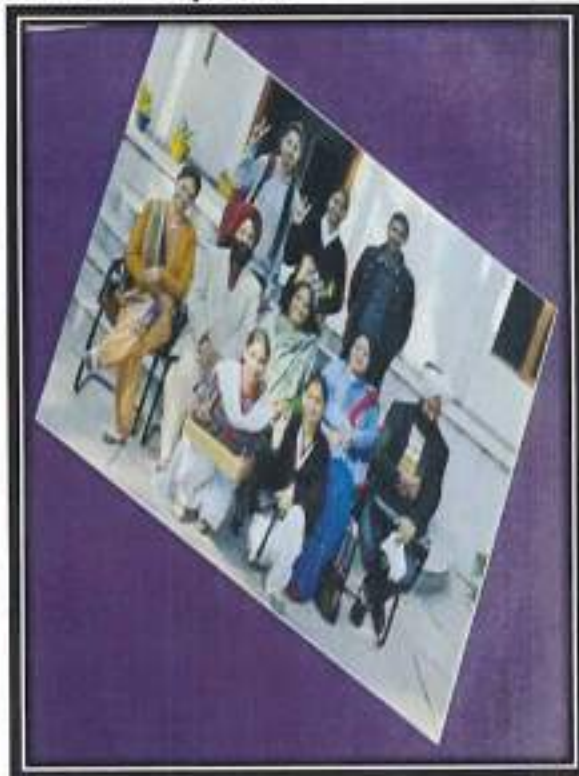
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Cdt. Kajal Langeh bagged gold medal and a trophy with alpha grade in Mountaineering Winter Sports 30<sup>th</sup> June to 27<sup>th</sup> July 2017.



Cdt. Juhi Charak bagged gold medal in group dance competition in National Integration Camp in 2017.

  
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Cdt.Neha Yadav secured 5<sup>th</sup> position in BSF half-marathon on October 20<sup>th</sup>, 2018.

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Cdt. Palbi Sharma received Best cadet and Camp Senior medal in Pre-National Integration Camp from 29<sup>th</sup> Oct. to 7<sup>th</sup> November, 2017.



Cdt. Mehak Mahajan receiving trophy for anchoring, she also received gold in extempore at All India Trekking Expedition held from 7<sup>th</sup> November 2017 to 14<sup>th</sup> Nov.2017.

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Cdt. Simple, Cdt. Hitashi and Cdt. Jaishree and silver medal in Kho-Kho in Ajmer Trekking camp from 7<sup>th</sup> to 14<sup>th</sup> November, 2017. In the same event Cdt. Mehak Mahajan bagged Gold in extempore, Cdt. Minit bagged Silver in volley ball.



Cdt. Shashi Sharma bagged gold medal with trophy (India's best parajumper) at Para Jump Camp at Agra from 4 Nov. 2017 to 23 Nov. 2017.

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Cdt. Nimi Saroj and Cdt. Ruchika received silver medal in singing at Ajmer Trekking Camp from 7<sup>th</sup> Nov. To 14<sup>th</sup> Nov. 2017.



Cdt. Simran Kour was allocated in NCC Pre- National Integration Camp on 5<sup>th</sup> December. 2017.

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**Cdt. Sohany got special allocation by HRTC at cashless programme in demonitization at Delhi in 2017.**



**Cdt. Minal Sharma bagged gold medal in group dance in National Integration Camp in Nagaland in 2017.**



**Cdt. Kanchan Kumari bagged gold medal in Rangoli competition in National Integration Camp at Port Blair in 2017. In the same occasion Cdt. Kavya Kharvanda bagged gold medal in rangoli competition in National Integration Camp at Port Blair in 2017.**

  
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Cdt. Janvee bagged gold medal in PM Rally in Delhi from 18<sup>th</sup> Jan. to 31<sup>st</sup> Jan. 2018. In the same occasion Cdt. Shivani bagged gold medal in PM Rally in Delhi from 18 Jan. 2018.



Cdt. Somya Kousar received gold medal and trophy for eco-cycling expedition from Delhi to Nepal from 1<sup>st</sup> March to 10<sup>th</sup> March 2018.

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Cdt. Kajal Langeh got trophy with alpha grade in Advanced Mountaineering Course from 28<sup>th</sup> June to 24<sup>th</sup> July 2018.



SUO Jyotsana bagged gold medal in 32<sup>nd</sup> North Zone Shooting Championship at Dehli in 2018.

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Cdt. Shrifal Raina got gold medal in Piloting in Thal Sainik Camp at Nagrota in 2018.



Cdt. Sumit Kour got Gold medal in Piloting in Thal Sainik Camp at Nagrota in 2018.

  
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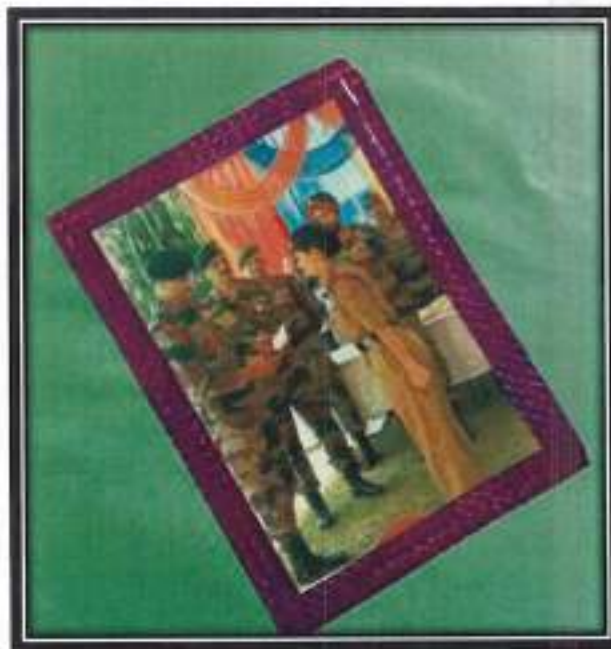
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Cdt. Shivali Dogra 2<sup>nd</sup> Best cadet award in Jammu and Kashmir in 2018.



Cdt. Priyanka Sandhu received appreciation certificate with medal from ADG on 8<sup>th</sup> Oct. 2018.

  
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Cdt. Palvi Sharma received the trophy of Best Cadet in Pre-National Integration Camp at Nagrota from 29<sup>th</sup> Oct. to 7nov.2018.

  
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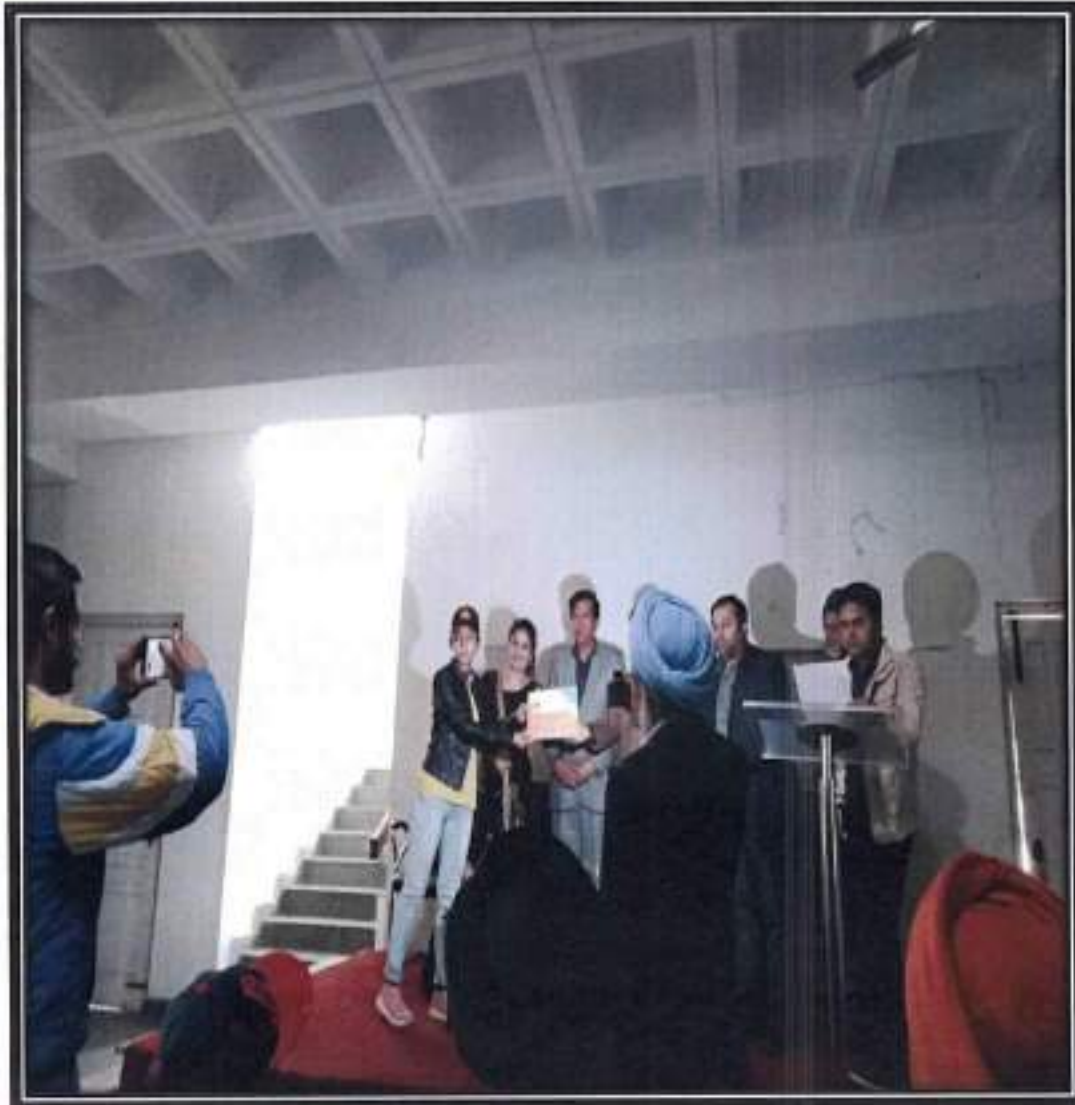
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Cdt. Muskan Rajput secured third prize in poster making competition in Transit Swasth Bharat Yatra from 27<sup>th</sup> Nov. to 29 Nov. 2018.

  
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Cdt. Mahima and Cdt. Mitali Sharma bagged gold medal in co-ordinator in Ajmer Trekking Camp from 13<sup>th</sup> Nov. 20<sup>th</sup> Nov. 2018. In the same event, Cdt. Simran Khatri bagged gold medal in volleyball.



Cdt. Sakshi Bandal and Deepika got the Best Performance allocation in OTA Gwalior from 3<sup>rd</sup> December, 2018 to 15<sup>th</sup> December, 2018.

  
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Cdt. Priya Chib got silver medal in State National Integration Camp in March 2019.



Cdt. Pooja Yadav got gold medal in group dance in Combined Annual Training Camp from 17<sup>th</sup> June to 26<sup>th</sup> June 2019.

  
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Cdt. Shivani Thapa got gold medal in camp senior dance in Combined Annual Training Camp from 17<sup>th</sup> June to 26<sup>th</sup> June 2019. In the same occasion Cadt. Muskan Yadav was allocated with Best Cadet's trophy in the Combined Annual Training Camp from 17<sup>th</sup> June to 26<sup>th</sup> June 2019.



Cdt. Swati Sharma bagged gold medal in Dist. Level Women Empowerment in 2019.

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**Cdt. Baby Thappa got first prize in public speaking and essay writing in Army Attachment Camp at Satwari from 16th Sept. to 30<sup>th</sup> September, 2019.**



**Cdt. Shilpa Charak got gold medal in Obstacle Training in Combined Annual Training from 17<sup>th</sup> June to 26 June 2019.**

  
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Cdt. Priyanka Sandhu got gold medal in yoga in Combined Annual Training Camp in Nagrota from 17<sup>th</sup> June to 26 June 2019.



Cdt. Bhawna Dogra secured the position of 3<sup>rd</sup> best cadet Combined Annual Training Camp from 18 Aug. to 27<sup>th</sup> Aug. 2019.

  
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Cdt. Muskan Rajput was allocated with appreciation letter and certificate and third prize in Hot Air Ballooning at Nagrota from 19<sup>th</sup> December to 9<sup>th</sup> December, 2019.



Cdt. Vishali Bhau got gold allocated in group dance in Ek Bharat Streshtha Bharat at Nagrota from 10<sup>th</sup> October to 22<sup>nd</sup> October, 2019.

  
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SUO Muskan Rajput got a cash prize of Rs.4500 and became the Best Cadet of J&K directorate in 2020.



SUO Yamana Kotwal became the All-rounder Best Cadet award in Jammu and Kashmir in 2019.

  
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SUO Sheetal Bhat got ADG appreciation letter and a medal for the session of 2018-2020.



SUO Sheetal Bhat got the Best Cadet Award in International Women's Day on 8<sup>th</sup> March 2021.

  
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**Cdt. Anidhi Devi secured All India Rank 2<sup>nd</sup> in Inter Directorate Digital Forum Competition held between July 2020 to August 2021.**

  
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### SPORTS ACHIEVEMENT

Number of awards/medals for outstanding performance in sports activities at inter-university / state / national/international events during the last five years					
Year	Name of the award/ medal	Team / Individual	inter-university / state / National/ International	Name of the event	Name of the student
2020-2021	3rd position	Individual	National	NKS National Karate championship	Shagun Chib
	2nd position	Individual	State	First UT Jammu and Kashmir open Karate Championship	Shagun Chib
	silver medal	Individual	State	2nd JK UT Cycling Championship	Shagun Chib
	3rd position	Individual	National	National tenshinkan e-kata championship	Priya Devi
	2nd position	Individual	State	JK UT Power lifting and dead lift Championship	Shriya Gupta
	2nd position	individual	state	26th Men Freestyle and Greco Roman style and 12th Women J&K UT Wrestling Championship	Mansi Dogra
	Brown and Black Belt	Individual	International	SKSI's International Online /Live Kata Championship	Shagun Chib
	Gold Medal	Individual	International	YEP Grappling Championship, 2019, Bhutan	Sanjana Manhas
	1st position	Individual	National	12 <sup>th</sup> GFI National Grappling Championship, 2019 (58 kgs)	Radha Sharma
	2nd position	Individual	National	12 <sup>th</sup> Non-GFI National Grappling Championship, 2019 (49 kgs)	Radha Sharma
	Referee Course	Individual	National	Indian Yongmudo Federation Referee Exam	Priya Devi
	2nd position	Individual	National	25 <sup>th</sup> National Sports Climbing Championship 2020, Lead	Shivani Charak

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	1st position	Individual	National	25 <sup>th</sup> National Sports Climbing Championship 2020, Bouldering	Shivani Charak
	Silver Medal	Team	Inter University	Inter University Volley Ball	Lakshika Jamwal
	Silver Medal	Individual	National	National Judo Championship at Haryana, Rohtak	Nitika Sharma
	Bronze Medal	Individual	National	National Grappling Championship at Haryana, Rohtak	Nitika Sharma
	Gold Medal	Individual	National	National Grappling Championship at Haryana, Rohtak	Riya Sharma
2019-2020	Silver Medal	Individual	National	National Judo Championship at Haryana, Rohtak	Riya Sharma
	Gold Medal	Individual	National	National Judo Championship at Haryana, Rohtak	Mansi Dogra
	Silver Medal	Individual	National	National Grappling Championship at Haryana, Rohtak	Mansi Dogra
	Gold Medal	Individual	State	4th State Grappling Championship	Riya Sharma
	Gold Medal	Individual	State	4th State Grappling Championship	Mansi Dogra
	Gold Medal	Individual	State	4th State Grappling Championship	Nitika Sharma
	Gold Medal	Individual	State	4th State Grappling Championship	Radha Sharma
	Silver Medal	Individual	District	District Muaythai Championship	Kaushal Manhas
	Silver Medal	Individual	State	J&K State Wrestling Championship	Mansi Dogra
	Gold Medal	Team	State	State Basket Ball Tournament	Smiley Radhika Shallu
	Bronze Medal	Team	District	1 <sup>st</sup> District Muay Thai Championship	Anuradha Pratibha
	Team Manager	Team	National	22 <sup>nd</sup> Women Junior National Wrestling Championship	Gulshan Bibi
	Silver medal	Individual	National	Senior National Muay Thai Championship	Sumit Kaur
	Bronze Medal	Individual	National	Senior National Korfbal Championship	Shivani Sharma

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	2nd Position	Individual	State	Khelo India Phase III (Badminton)	Harsha Sharma
	1st Position	Individual	International	Indo Nepal Championship 2020	Sanjana Manhas
	Gold medal	Individual	District	Jammu District Karate Championship 2018	Shagun Chib
	1st Position	Individual	State	17 <sup>th</sup> Jammu and Kashmir state karate Do-Championship	Shagun Chib
	1st Position	Individual	National	All women Karate Championship	Shagun Chib
	silver medal	Individual	National	Allu Competition at MDU Rhotak ( Grappling)	Ritu Bala
	1st Position	Team	National	RGOI Rural National Games	Shivani Sharma
<b>2018-2019</b>	1st Position	Team	State	Grappling State/ District Championship 2019	Radha Sharma
	3rd position	Team	State	Senior Handball Championship of Jammu	Nidhi
	2nd position	Team	District	Senior Handball Championship of Jammu	Nidhi Dogra
	Best Karatekas	Individual	State	4 Days Kata/ Kumite Training Camp 2018	Shagun Chib
	Sho-Dan	Individual	National	Karate Association of India	Shagun Chib
	1st Position	Individual	International	4th South Asian Grappling Championship 2018-19	Sanjana Manhas
	3rd Position	Team	Inter-University	All India Inter University Grappling Championship	Roshni Sanjana
	Silver medal	Individual	State	J&K State Karate Championship 2017	Shagun Chib
	3rd Position	Individual	Inter University	All India Inter University Wushu Tournament	Kirti Sharma
	1st Position	Individual	State	Female Karate Championship	Shagun Chib
	3rd Position	Individual	National	All India Shito-Ryo Seiko Karate Championship	Shagun Chib
	1st Position	Team	National	1st National Mission Olympic India 2017(Basket ball)	Shivani Sharma
	Gold medal	Team	National	1st Taftygas National Games 2017	Shivani Sharma
<b>2017-2018</b>	Gold medal	Team	International	1st India Nepal Youth Talent Search International Championship 2017	Shivani Sharma Sudhashi Khajuria

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	1st Position	Individual	State	State Senior handball Championship	Nidhi Dogra
	3rd Position	Team	National	29th Senior National Korfball Championship	Shivani Sharma
	1st Position	Team	State	2nd Federation Cup 2017-18	Shivani Sharma
	2nd position	Individual	National	2nd National Youth Rural Games and Sports Tournament(Badminton)	Akanksha Sharma
	Climbed Mt Kilimanjaro	Individual	International	Mt Kilimanjaro-Tanzania National park	Sumiya Kousar
	1st Position	Individual	District	District handball Championship	Nidhi
	Third Position	Individual	National	24th Junior National Korfball Championship	Shivani Sharma
	1st Position	Individual	State	14th State Korfball Championship	Shivani Sharma
	2nd Position	Team	State	Jammu District Korfball Championship 2016-17	Shivani Sharma
<b>2016-2017</b>	3rd Position	Individual	National	Junior and cadet National Kurash Championship 2016-17	Sanjana
	1st Position	Individual	State	14th State Korfball Championship	Akanksha Sharma
	Longest Cycling Expedition	Team	International	Assist World Records	Sumiya Kousar
	Long Cycle Expedition	Team	International	Stand With Girls Cycle Expedition	Sumiya Kousar
	3rd Position	Team	National	28th Senior National Korfball Championship	Akanksha Sharma Sudhashi Khajuria
	3rd Position	Individual	National	6th Senior National Lawn dodge Ball Championship 2016	Sudhashi Khajuria

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*Surbal*

Physical Director in Sports Department



# NKF NATIONAL KARATE CHAMPIONSHIP

Organised by



## NATIONAL KARATE FEDERATION



In association with HARYANA SPORTS KARATE ASSOCIATION (HISKA)  
Organised by HARYANA OLYMPIC ASSOCIATION, MINISTRY OF YOUTH AFFAIRS AND SPORTS (Govt. of Haryana)  
Aerobic Recog. by SCHOOL GAMES FEDERATION OF INDIA AND ASSOCIATION OF INDIAN UNIVERSITIES



### CERTIFICATE OF MERIT

NO. 30-31/NKF/122

This is to certify that

Mr. MS. SHAGUN CHIB of J&K (Jammu)

has secured  1st  2nd  3rd place in NKF NATIONAL KARATE CHAMPIONSHIP 2020-2021

held at Chandigarh University, Mohali, Punjab, India

From 21st March to 24th March, 2021 details are as followed :

Event	Age Category	Weight Category
IND. KOMITE	SENIOR	-68kg

Shihan Lal Darda  
Director NKF

Dr. Ajay Sharma  
President NKF

Sensei Yogesh Kaira  
General Secretary NKF



ASSOCIATION OF KARATE JAMMU & KASHMIR (AKJK) (REGD.)

1st UT J&K OPEN KARATE CHAMPIONSHIP 2021

In the Memory of  
Late Shri ATAL BIHARI VAJPAYEE JI  
(Former Prime Minister of India)

Organised By :  
SPORTS, ART & CULTURE CELL, BJP (J&K)

## Certificate Of Merit / Participation

This is <sup>to</sup> Certify that Mr. / Ms. .... SHAGUN CHIB..... of  
G. C. D. Prade Jammu..... College has participated in 1st UT J&K  
Open Karate do Championship 2021 held at Ashoka Higher Secondary School, Talab  
Tillo, Jammu on 7th February 2021 and was placed First / Second / Third in the  
Ind/Kumite / Kata Event for Sub Junior / Cadet / Junior / Senior Male / Female  
Category, Age... Years, weight... Kgs.

  
Shri Kuljeet Singh Jamwal  
President  
Association of Karate J&K (AKJK)

Mr. Sunil Sharma - Convener  
(Sports, Art & Culture Cell, BJP (J&K))

  
Sensei Amit Singh  
Black Belt 4th Dan WKCF  
General Secy.  
Association of Karate J&K (AKJK)

# CYCLING ASSOCIATION OF J&K

*Affiliated to :*  
CYCLING FEDERATION OF INDIA  
*Recognised By :*  
J&K SPORTS COUNCIL &  
J&K OLYMPIC ASSOCIATION



## Merit / Participation Certificate

This is to certify that Mr./Miss. <sup>✓</sup> SHAGUN CHIB.....  
Son/Daughter of <sup>✓</sup> SANJEEV SINGH CHIB.....  
Representing..... JAMMU.....

*Participated in the*  
*District / J&K UT Cycling Championship*  
*Organised by Cycling Association of J&K*

*At M.A. STADIUM from 30-03-2021 to 31-03-2021 20.21.....*

*Age Group..... Elite..... Position..... 2<sup>nd</sup> (MTB).....*

  
Chairman  
Org. Committee

  
Org. Secretary





# NATIONAL TENSHINKAN E-KATA CHAMPIONSHIP -2021

Organised by : Tenshinkan Shotokan Ryu Karate Federation - India

Affiliated : World Tenshinkan Karate Federation - Japan

Regd. No. 307 Government of National Territory of Delhi

## 天真館空手連盟

### *Certificate of Merit*

This is to certify that

**PRIYA DEVI**

from



**JAMMU & KASHMIR**

Participated in National E-Kata Championship held

on July 24th - 25th 2021 in India

has obtained **3rd**

place in the category of **Female+ 18 year Kata**

**Organizing President**  
**Kyoshi Hasrat Khan**  
International Operations Manager  
Black Belt 10TH DAN Japan  
A1 Coach Referee & Judge A&F




**Organizing Secretary**  
National Headquarters



# J&K UT POWER LIFTING & DEADLIFT CHAMPIONSHIP (MEN & WOMEN) 2020-2021

*Organised by :*

**All J&K UT Powerlifting Association**

*Affiliated to :*

Powerlifting India

International Powerlifting Federation & Asian Powerlifting Federation

Recognised by : Ministry of Youth Affairs and Sports, Govt. of India



This is to Certify that Shri/Smt./Kumari SHRIYA GUPTA of JAMMU participated in the J&K UT Powerlifting & Deadlift Championship Sub Jr., Junior, Senior & Master (EQ & UN:EQ) held at Hollister Fitness Gym, Sainik Colony, Jammu on 18th 20th December 2020. He/She Ranked 2ND with a total of 175 Kg in 63 Kg Class.

*[Signature]*  
President

*[Signature]*  
Gen. Secy.



# WRESTLING ASSOCIATION OF JAMMU & KASHMIR

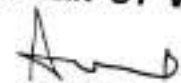
(Affiliated with Wrestling Federation of India, J&K Sports Council & J&K Olympic Association)

## Merit / Participation Certificate

This is to certify that Smt./Sh. Mansi Dogra  
 Son/Daughter of Ramesh Chander  
 Representing Jammu  
 Age Group Senior Weight 77 kg Position 2nd

Participated in the 26th Men Free Style & Greco Roman Style & 12th Women J&K UT Wrestling Championship at Gulshan Ground, Jammu on 15th & 16th January, 2021.

  
 CHAIRMAN  
 ORGANIZING COMMITTEE

  
 Ajay Vaid  
 Secretary General  
 J&K Wrestling Association  
 ORGANIZING SECRETARY



*SKSI's*  
*International Online/Live Kata Championship*  
*organised by*

**SHITO-RYU KARATE SCHOOL OF INDIA**

*Member of JAPAN KARATEDO SHITORYU SEIFUKAN*  
*Approved by KARATE ASSOCIATION OF INDIA*  
*Recognized by MINISTRY OF YOUTH AFFAIRS & SPORTS*  
*Recognized by GOVT. OF INDIA*

No. 171


**CERTIFICATE OF PARTICIPANT**

*Shagun Chib*

*This is to certify that Mr/Ms. ....*  
*of ..... India ..... has participated in Female individual kata in Senior Above 21 year*  
*Brown & Black Belt category held from 28th July to 31st July 2020.*

  
Sensei Lal Darda  
Instructor & Technical Director

  
Shihan Minoru Kanazawa  
Tournament Director

  
Ashok Darda  
Chief Instructor of India (SKSI)



- BRONZE - RIDHIMA SHARMA , APURVA , KAJAL ,  
KUSUM DOGRA , RIYA , SANIYA



# Grappling Championship 2019

## BHUTAN

SANJANA MANHAS.

10/9

# भारतीय ग्रेप्लिंग संघ GRAPPLING FEDERATION OF INDIA

(SUB. JUNIOR, JUNIOR, CADET & YOUTH)

## 12th GFI NATIONAL GRAPPLING CHAMPIONSHIP-2019

Hosted by : **Grappling Association Of Haryana**

Organised by : **GRAPPLING FEDERATION OF INDIA (GFI)**  
(National Governing Body for Grappling Sports In India)

GFI Affiliated To : **United World Wrestling (UWW) - World Grappling Committee & UWW Asia  
Asian Grappling Committee (AGC) & South Asian Grappling Committee (SAGC)**

UWW Recognised by : **International Olympic Committee (IOC)**

Grappling Recognised by : **Association of Indian Universities (AIU) & School Games Federation of India (SGFI)**



Name : RADHA SHARMA Father's Name : \_\_\_\_\_

State : JAMMU AND KASHMIR D.O.B. : \_\_\_\_\_ Age Group 18-19

Position : T&T Male/ Female/ Sub. Junior/ Junior / Cadet / Youth

Weight Group -58 KG Style: No-Gi/ Gi+Grappling.

2380  
CERTIFICATE NO.

## 12th GFI National Grappling Championship-2019

Venue : **M.D. University Rohtak, Haryana**

Date of Event : **30th August to 01st September 2019**



*Jai Parkash JPP*  
President  
Grappling Federation of India

*Shri K. Parshad*  
Secretary General  
Grappling Federation of India

*Balinder Singh*  
Bharat Singh  
Secretary, Federation of India

*Vivek Singh*  
President GFI  
12th National Grappling Championship 2019

Registered Office : Raj House, 17/18, Laxmi Nagar, Mehram Road, Gokana-131001, Sonapat, Haryana, India  
Ph. No. : +91 9823 30303, Cell No. : +91 98134 29000, E-mail : info@grapplingindia.com Web : www.grapplingindia.com



**RADHA SHARMA**



भारतीय ग्रेप्लिंग संघ  
GRAPPLING FEDERATION OF INDIA

(SUB. JUNIOR, JUNIOR, CADET & YOUTH)

12th GFI NATIONAL GRAPPLING  
CHAMPIONSHIP-2019

Hosted by : Grappling Association Of Haryana

Organised by : GRAPPLING FEDERATION OF INDIA (GFI)  
(National Governing Body for Grappling Sports In India)

GFI Affiliated To : United World Wrestling (UWW) - World Grappling Committee & UWW Asia  
Asian Grappling Committee (AGC) & South Asian Grappling Committee (SAGC)

UWW Recognised by : International Olympic Committee (IOC)

Grappling Recognised by : Association of Indian Universities (AIU) & School Games Federation of India (SGFI)



Name : RADHA SHARMA Father's Name : \_\_\_\_\_

State : JAMMU AND KASHMIR D.O.B. : \_\_\_\_\_ Age Group 18-19

Position : 2nd Male/ Female/ Sub. Junior/ Junior / Cadet / Youth

Weight Group -49 KG. Style No-Gi/ Gi-Grappling

2287  
CERTIFICATE NO.

12th GFI National Grappling  
Championship-2019

Venue : M.D. University Rohtak, Haryana  
Date of Event : 30th August to 01st September 2019



*J.P. Panchal*  
J.P. Panchal (JP)  
President  
Grappling Federation of India

*S.K. Panchal*  
Shri K. Panchal  
Secretary General  
Grappling Federation of India

*Balvinder Singh*  
Balvinder Singh  
Director  
Grappling Federation of India

*Vivek Gupt*  
Vivek Gupt  
Director-GI  
Or. Secretary-129 GI Nagar  
Grappling Championship-2019

12TG GFI NATIONAL  
 GRAPPLING  
 CHAMPION 2019  
 NO-GI



KADHA SHARMA

# YONGMUDO ASSOCIATION JAMMU & KASHMIR

Affiliated to Indian Yongmudo Federation

Recognized by Jammu University, Jammu, Jammu Jambhwal Federation of India, JJKF  
Under Ministry of Youth Affairs & Sports, Govt. of India & Indian Jambhwal Association (IJA)

Regd. No. 18/JJKF/2019

## CERTIFICATE

This is to certify that **Ms. Priya Devi** of District Jammu  
has successfully attended the YAJK referee course and Exam of  
Indian Yongmudo Federation Rules conducted by  
Yongmodu Association Jammu & Kashmir on 18.05.2019  
at  
Jammu and passed Referee "C"



**RAJIA AJAY SINGH**  
General Secretary  
Indian Yongmudo Federation

**Dr. Jitendra Kumar**  
General Secretary  
Jammu Jambhwal Federation of India



SEVENTH  
**NATIONAL  
SPORT CLIMBING  
CHAMPIONSHIP**  
BHUBANESWAR



ORGANISED BY  
**INDIAN MOUNTAINEERING FOUNDATION**  
IN COLLABORATION WITH  
DEPARTMENT OF SPORT & YOUTH SERVICES, GOVT. OF ODISHA

# Certificate

This is to certify that Mr/Ms Shivani Choudhary from North Zone  
has participated in MENS/WOMENS OPEN category from Lead discipline  
in the 25TH NATIONAL SPORT CLIMBING CHAMPIONSHIP 2020 held at the Sports Climbing Complex,  
Kalinga Stadium, Bhubaneswar from 06th to 10th January 2020 and secured 2nd position

**Debraj Datta**  
Secretary  
IMF East Zone Committee

**Ujjwal Ganguly**  
Chairman  
IMF East Zone Committee



**Brig MP Yadav, VSM (Retd)**  
Chairman  
National Sport Climbing Committee



GOVERNMENT  
**NATIONAL  
SPORT CLIMBING  
CHAMPIONSHIP**  
BHUBANESWAR



ORGANISED BY  
**INDIAN MOUNTAINEERING FOUNDATION**  
IN COLLABORATION WITH  
DEPARTMENT OF SPORT & YOUTH SERVICES, GOVT. OF ODISHA

# Certificate

This is to certify that Mr/Ms Shivani Choudhary from North Zone  
has participated in **MENS/WOMENS OPEN** category from Bouldering discipline  
in the **25TH NATIONAL SPORT CLIMBING CHAMPIONSHIP 2020** held at the **Sports Climbing Complex,**  
**Kalinga Stadium, Bhubaneswar** from **06th to 10th January 2020** and secured 1st position

**Debraj Datta**  
Secretary

IMF East Zone Committee

**Ujjwal Ganguly**  
Chairman  
IMF East Zone Committee



**Brig MP Yadav, VSM (Retd)**  
Chairman  
National Sport Climbing Committee



INTER COLLEGE/UNIVERSITY IN BASKETBALL  
AND VOLLEYBALL AT JAMMU UNIVERSITY  
(2019-20).

(SILVER MEDAL). LAKSHIKA JANGWAL



NATIONAL IN JUDO AND GRAPPLING  
AT HARYANA, ROHTAK (2019-20).

(SILVER, BRONZE). NITIKA SHARMA



NATIONAL IN JUDO AND GRAPPLING AT  
HARYANA, ROHTAK. (2019-20).

(SILVER, GOLD MEDAL). RIYA SHARMA





INTERNATIONAL IN JUDO AND GRAPPLING  
GOT GOLD AND SILVER MEDAL,  
(2019-20). MANSI DOGRA

# 4<sup>th</sup> GRAPPLING STATE/DISTT. CHAMPIONSHIP 20..19.

Organized by : **GRAPPLING ASSOCIATION OF J&K**

Affiliated by : Grappling Federation of India  
GFI Affiliated by: UWW-World Grappling Committee and International Grappling Federation (IGF)  
Recognized by : International Olympic Committee (IOC)  
Recognized by : School Games Federation of India (SGFI)  
Recognized by : All India University (AIU)



## Certificate of Merit/Appreciation

*This is certify that*

Mr./Ms.  MANSI DOGRA       SH. ROMESH CHANDER  
Sl. No. D/o.

D.O.B. 24.07.2001 From JAMMU District has participated in  
STATE / DISTRICT Championship 20 19 held at GYMNASIUM HALL,  
UNIVERSITY OF JAMMU

Age Group 18-19 yrs Wt. Group +71 kg

Secured the 1st Position | Style No-Gi



**VIKRAM SINGH**  
President  
Grappling Association of J&K

**GULJINDER SINGH**  
Gen. Secretary  
Grappling Association of J&K

**SAHIL DOGRA**  
Secretary  
Grappling Association of J&K



4<sup>th</sup> STATE GRAPPLING CHAMPIONSHIP  
AT JAMMU UNIVERSITY. (2019-20)  
(8 GOLD MEDALS). RIYA NITIKA  
MANSI RADHA



DISTRICT MUAY THAI CHAMPIONSHIP  
RAMAKRISHNA MISSION, UDEYWALA (2019-20)  
(SILVER MEDAL) . KAUSAL HANHAS



J&K STATE WRESTLING CHAMPIONSHIP (U)  
AT JAMMU UNIVERSITY. (2019-20).  
(SILVER MEDAL).

Mansi Dogra.



STATE BASKETBALL TOURNAMENT AT  
SPORTS COMPLEX, KATRA. (2019-20)  
THREE  
(GOLD MEDALS) SMILEY.  
RADHIKA  
SHALU



ISE DISTRICT MUAY THAI CHAMPIONSHIP  
AT RAMAKRISHNA MISSION, UDEYWALA (2019-20)

Amritha, Prathiba (BRONZE MEDAL)



WRESTLING FEDERATION OF INDIA  
**TATA MOTORS 39<sup>th</sup> Boys Free Style, Greco Roman Style**  
**22<sup>nd</sup> Women Junior National Wrestling Championship**



Mandi, H.P., March, 4 - 6, 2020

Organized by

**HIMACHAL PRADESH WRESTLING ASSOCIATION**

*Participation Certificate*

Awarded to *Gulshan Bisti*

SIN/D/15/5H

Date of Birth *26-12-2001*

Representing *J.P.K.*

as *Wrestler/Official / Manager*

Style

*WW*

Weight Category

Jagdish Kumar  
General Secretary  
H.P. Wrestling Association

*Chander Mohan Sharma*  
President  
H.P. Wrestling Association

*P. N.*  
V.N. Prasad  
Secretary General  
Wrestling Federation of India

*Gulshan Mohan Singh*  
Secretary  
H.P. Wrestling Association





SENIOR NATIONAL MUAY THAI CHAMPIONSHIP  
 AT THYRGRAJ INTERNATIONAL STADIUM,  
 NEW DELHI. (SILVER MEDAL)  
 Sumit kaur  
 2019-20

# INDIAN KORFBALL COMMITTEE

(A committee constituted by the International Korfball Federation)




## SENIOR NATIONAL KORFBALL CHAMPIONSHIP - 2019


### Certificate of Merit

This is to certify that SHIVANI SHARMA was a member  
of JAMMU AND KASHMIR team which took part in the Senior National Korfball Championship held at  
Jammu University (Jammu & Kashmir) from 20<sup>th</sup> to 23<sup>rd</sup> July, 2019.

This certificate is awarded in token of his/her participation in the championship and in recognition of his/her sporting talent.

JAMMU AND KASHMIR team secured the BRONZE position in the championship.

  
P. Santosh Kumar  
Acting Chairman  
Indian Korfball Committee

  
T. S. Wazir  
President  
Jammu & Kashmir Korfball Association

  
Manjeet Singh  
General Secretary  
Jammu & Kashmir Korfball Association



Ministry of Youth Affairs & Sports  
Government of India



GOVERNMENT OF JAMMU AND KASHMIR  
DISTRICT ADMINISTRATION JAMMU

REGD. \_\_\_\_\_

KHELO INDIA PHASE-III COMPETITION (2019-20)

Merit/Participation Certificate

Name HARSHA SHARMA  
Parentage DINESH SHARMA  
Date Of Birth \_\_\_\_\_ Age Group WOMEN'S SINGLES  
Game BADMINTON Position RUNNER'S UP  
Venue DPL JAMMU Date From 21-10-2019 to 25-10-2019

Sushma Chandra  
DISTRICT  
DEVELOPMENT COMMISSIONER  
JAMMU  
(CHAIRMAN KHELOINDIA)

[Signature]  
ORG. SECRETARY  
Youth Affairs



# INTERNATIONAL MISSION OLYMPIC INDO-NEPAL CHAMPIONSHIP-2020



Org. By : Why Worry Event Management Pvt. Ltd., Pokhara (NEPAL)



*Certificate of Participate / Merit*

Certificate No. INDNEP/INTNLL  
70201003

It is Certified that SANTANA MANHAS S/o, D/o SUBINDER SUDHA

Represented by INDIA Weight 52 kg



Discipline Game of Judo Event 1st Position 1st Participate in  
Indo-Nepal Championship-2020 in the group sub. Jr. Jr./Sr.



HELD AT : POKHRA, NEPAL 20-23 JANUARY 2020  
UNDER THE AEGIS OF MISSION OLYMPIC GAMES ASSOCIATION OF INDIA (REGD.)



*Sanjay Dhaka*  
President  
**SANJAY DHAKA**  
Mission Olympic India

*Santosh Shrestha*  
Org. Secy  
**SANTOSH SHRESTHA**

*Pardeep Sangwan*  
Gen. Secy  
**PARDEEP SANGWAN**  
Mission Olympic India



# JAMMU DISTRICT KARATE CHAMPIONSHIP, 2018

SUB JUNIOR OPEN, CADET, JUNIOR, UNDER 21 & SENIOR

Organized by

JAMMU DISTRICT KARATE ASSOCIATION

Affiliated by

AMATEUR KARATE DO ASSOCIATION OF JAMMU & KASHMIR

Recognized by : J&K STATE SPORTS COUNCIL

Affiliated to : KARATE ASSOCIATION OF INDIA (KAI)

Recognized by : GOVT. OF INDIA (MINISTRY OF YOUTH AFFAIRS & SPORTS)

Member : WORLD KARATE FEDERATION (WKF) & ASIAN KARATE DO FEDERATION (AKF)

Recognized by : INTERNATIONAL OLYMPIC COMMITTEE (IOC)

## CERTIFICATE OF MERIT / PARTICIPATION

This is to certify that Mr./Ms Shagun chib of Suito - Ryu club has participated in JAMMU DISTRICT KARATE CHAMPIONSHIP, 2018 held at Multipurpose Hall, M.A Stadium, Jammu on 19th & 20th May 2018 and was placed First / Second / Third and won the Gold / Silver / Bronze medal in the ind/Team / Kumite / Kata Event for Sub Junior / Cadet / Junior / Under 21 / Senior Men / Women category, Age 18+ Year, Weight - 53kg

Vishal Sharma (Advocate)  
President

Ambedkar Gupta  
Gen. Secretary (AKAJK)  
Joint Secretary  
Karate Association of India

Umesh Rekhi  
Organising Secretary  
Judge / Referee "A"  
Karate Association of India

# 17th J&K STATE KARATE-DO-CHAMPIONSHIP - 2018

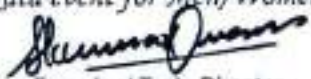
ORGANISED BY : AMATEUR KARATE-DO- ASSOCIATION OF JAMMU & KASHMIR  
RECOGNISED BY : JAMMU AND KASHMIR STATE SPORTS COUNCIL, J&K

## Certificate

S.No. 298 AKAJK

Dated 23 Dec 2018

Awarded to Mr./Mrs./Master..... SHARUN CHIB.....  
on the occasion of 17th State Karate-Do-Championship held at Wazir Janki Nath Higher Secondary School, Jammu on 21st Dec. to 22nd Dec. 2018 and was placed First/Second/Third in the Individual Kumite/Individual Kata/Team Kata event for Men/Women/Children.



Founder / Tech. Director  
**SANJEEV DEWAN**



Convener  
**Manoj Mehra**



Org. Secy.  
**Amit Singh**

for 17th State Tournament 2018



Chief Referee  
**Umesh Rekhi**

for 17th State Tournament 2018



Joint Org. Secy.  
**Naresh Chander**

for 17th State Tournament 2018

OFFICE : 162, NEW PLOTS, JAMMU-180005 E-mail : [sanjeevdewan.2011@gmail.com](mailto:sanjeevdewan.2011@gmail.com)



GOVERNMENT OF INDIA  
REGIONAL OUTREACH BUREAU  
MINISTRY OF INFORMATION & BROADCASTING

*Certificate*

Awarded to Mr./Miss..... SHAGUN CHIB.....  
of Govt. Women...Parade...College... (Jammu)... for Participation in All Women Karate...Championship  
on (Theme) BETI BACHAO, BETI PADHAO + BETI KHILAO held on 18, Jan, 2019... at KHAYRIA PALACE (JAMMU)  
Position Secured... 1st...-

*[Signature]*  
OFFICER

*[Signature]*  
DEPUTY DIRECTOR  
ROB, JAMMU & KASHMIR REGION



**DIRECTORATE OF SPORTS & PHYSICAL EDUCATION**  
**UNIVERSITY OF JAMMU**

Principal,  
GCW Parade.

No:PE/19/  
Dt: 13-9-2019

**Subject: - Merit Certificates of AllU Competitions, 2018-19 held at M.D.U Rohtak.**

Sir/Madam,

Kindly find enclosed herewith Merit Certificate of your College/Institutions player/s who participated in following games held at M.D. University, Rohtak during the Session 2018-19 are sent along with this letter, the details are as given below:-

S.No	Certificate No.	Name of Students	Game	Session
1.	AD-017113	Ritu Bala	Grappling (W)	2018-19
2.	AD-017117	Roshni Sharma	Grappling (W)	2018-19
3.	AD-017121	Ritu Bala	Grappling (W)	2018-19
4.	AD-017125	Roshni Sharma	Grappling (W)	2018-19
5.	AD-017129	Nadni sharma	Grappling (W)	2018-19
6.	AD-017134	Sanjana Manhas	Grappling (W)	2018-19
7.	AD-017145	Nandni Sharma	Grappling (W)	2018-19
8.	AD-017149	Sanjana Manhas	Grappling (W)	2018-19

Ritu Bala Silver medal

Ritu Bala Silver medal

**Encl: As Above.**

  
Director



(REGD. NO.:163199031036199/MAH.)

Sr. No. : 796

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Ministry of Youth Affairs & Sports

Rural Games Organization of India (RGOI)

# RGOI RURAL GAMES NATIONAL CHAMPIONSHIP - 2018

Organized By : RURAL GAMES ORGANIZATION OF INDIA Affiliated To : WORLD RURAL GAMES ORGANIZATION

App. By : THE ASSOCIATION FOR NATIONAL FEDERATION Member : TAFISA Recognized By : INTERNATIONAL OLYMPIC COMMITTEE

Recognized By : HINDUSTAN SCOUTS & GUIDES, INDIA (Recog. By : MINISTRY OF YOUTH AFFAIRS & SPORTS & GOVT. OF INDIA)

## Certificate of Merit

This is to Certify that Mr. /Miss ...**SHIVANI SHARMA**.....  
Represented by ...**J&K**..... has  
Participation as player in the "RGOI RURAL GAMES NATIONAL  
CHAMPIONSHIP - 2018" and Secured **GOLD / SILVER / BRONZE**  
Position in ...**1st**..... Event **BASKETBALL**.. Category,  
below 10, 14, 17, 19 yrs. & Above 19 years age group held at "University of  
Jammu" J&K. (India). On date 17th to 18th November 2018.



*Mti*

**Shihan : Raju Thapa**  
Founder & General Secretary  
Rural Games Organization of India

*Suresh*

**Shihan : Suresh Nikalje**  
President, Central Committee  
Rural Games Organization of India

*Himanshu*

**Mr. Himanshu Chahar**  
Hon'ble President  
Organizing Committee

*Vikas*

**Sensel : Vikas Rathod**  
Office Secretary, Central Committee  
Rural Games Organization of India





RURAL NATIONAL GAME GOT 15 GOLD  
MEDALS (2018-19)

Organized by GRAPPLING ASSOCIATION OF J&K

Affiliated by : Grappling Federation of India  
GFI Affiliated by: UWW-World Grappling Union  
International Grappling Federation  
Recognized by : International Olympic Committee  
Recognized by : School Games Federation of India  
Recognized by : All India University



### Certificate of Merit/Appreciation

*This is certify that*

MR. RADHA SHARMA s/o. DEV RAJ SHARMA  
DOB 11-11-2001 From JAMMU District has participated in  
STATE / DISTRICT Championship 20 19 held at JAMMU

Age Group 12-19 yrs Wt. Group 47

Secured the 1st Position | Style GR



**VIKRAM SINGH**  
President  
Grappling Association of J&K

**GULJINDER SINGH**  
Gen. Secretary  
Grappling Association of J&K

**SABIL DOGRA**  
Secretary  
Grappling Association of J&K

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# JAMMU & KASHMIR HANDBALL ASSOCIATION

AFFILIATED TO :

HANDBALL FEDERATION OF INDIA / J&K OLYMPIC ASSOCIATION

RECOGNISED BY

J&K STATE SPORTS COUNCIL

## DISTRICT / STATE HANDBALL CHAMPIONSHIP

This is to certify that Mr/Miss NIDHI  
S/o, D/o Sh. KAMAL KUMAR of JAMMU BLUE Club/Dist.  
Participated in Mini / Sub-Junior / Junior / Senior Handball Championship of JAMMU  
District / State, held at M.A STADIUM from 15-03-19 to 17-03-19  
and secured 3rd place.

  
Dr. S. M. Bali  
PRESIDENT

  
A. K. Raina  
GEN. SECRETARY



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S. No. 273

# JAMMU & KASHMIR HANDBALL ASSOCIATION

AFFILIATED TO :  
HANDBALL FEDERATION OF INDIA / J&K OLYMPIC ASSOCIATION  
RECOGNISED BY  
J&K STATE SPORTS COUNCIL

## DISTRICT / STATE HANDBALL CHAMPIONSHIP

This is to certify that Mr/Miss Nidhi Dogra  
S/o, D/o Sh. Kamal Kumar of Sunder Lal  
Participated in Mini / Sub-Junior / Junior / Senior Handball Championship of Jammu  
District / State, held at M.A stadium from 28-01-19 to 30-01-19  
and secured 2nd place.

  
**Dr. S. M. Bali**  
PRESIDENT

  
**A. K. Raina**  
GEN. SECRETARY



# 4 Days KATA / KUMITE Training Camp 2018.

Organised By :

SHITO - RYU KARATE SCHOOL OF JAMMU & KASHMIR

AFFILIATED WITH

SHITO RYU KARATE SCHOOL OF INDIA

APPROVED BY

KARATE ASSOCIATION OF INDIA (KAI) & A.K.A.J.K

KAI RECOGNISED BY

GOVT OF INDIA (MINISTRY OF YOUTH AFFAIRS AND SPORTS)

& INDIAN OLYMPIC ASSOCIATION A.K.A.J.K Recognised by J&K State Sports Council

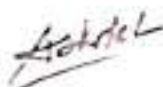
KAI AFFILIATED WITH WORLD KARATE FEDERATION (WKF)

## Certificates Of Participation

DRAGON CHIB (BELT KARATEKAS)

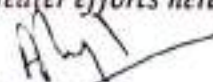
This is to Certify that the above said person has participated successfully in the KATA/KUMITE training camp. Organized by Shito Ryu Karate School of Jammu & Kashmir, held at Luthra Higher Secondary School Kachi Chawani Jammu on 07th June to 10th June 2018. and has shown good progress in art and spirit.

"Hoping for greater efforts here after."

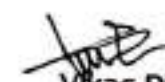


Anilak Darda

SHITO RYU KARATE SCHOOL OF INDIA  
SHITO RYU KARATE SCHOOL OF JAMMU & KASHMIR  
Jammu & Kashmir State Sports Council



Sensi Amit Singh  
State Chief Coach & Examiner  
Black Belt 4th Dan KAI & WKF  
Judge KATA / KUMITE  
National Sports Federation of India (NSF)



Vikas Dhar  
Black Belt 3rd Dan KAI  
Judge KATA / KUMITE  
National Sports Federation of India (NSF)



# KARATE ASSOCIATION OF INDIA

Office : No.3, 1st Main Road, Gandhi Nagar, Adyar, Chennai - 605 020.

Recognised by

Member World Karate Federation (WKF) & Asian Karate Do Federation (AKF)  
Recognised by the International Olympic Committee (IOC)  
Member Sports Accord & International World Games Association (IWGA)



## CERTIFICATION OF OFFICIAL RECOGNITION OF DAN GRADE

Certificate Number: 701/17

Date: 10-06-2018


*This is to certify that*

Shagun Chib.

*has in recognition of his / her achievements in Karate - do been  
recognised as SHO-DAN and included in the records of  
Karate Association of India.*

  
Karate R. Thigarajan  
Treasury President



  
M. Kanabara  
Technical Director

  
Bharat Sharma  
General Secretary

Y3

# Youth Exchange Program

4th South Asian

# Grappling

Championship 2018-19



Organized by:  
SOUTH ASIAN FEDERATION FOR ALL SPORTS



## Certificate Merit



This Certificate is Awarded to SANJANA MANHAS

From INDIA as Athlete in

4<sup>th</sup> South Asian Grappling Championship 2018-19 (Sub Junior/Junior/Senior

Veteran / Men & Women) on 5-6 January 2019 held at Indoor Stadium, Gomtu,

Bhutan and secured the 1<sup>st</sup> Position in Age Group 20+

in Weight Group -52 Kg in Style of Gi Grappling / No Gi

Grappling Reg. 4SAGIC/SAFAS/258/18/19

Tshering Gyeltshen  
Org. Chairman

4th South Asian Grappling Championship 2018-19



### BHUTAN

Arjun Singh  
President

Raju Bhattar  
Org. Secretary

Arjun Singh  
Secretary General

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# All India Inter-University Grappling Championship

## Overall 3<sup>rd</sup> Place of Jammu University among all the Universities



Roshni  
Sanjana



# J & K STATE KARATE CHAMPIONSHIP-2017 SUB JUNIOR, CADET, JUNIOR & SENIOR

ORGANIZED BY:  
AMATEUR KARATE FO ASSOCIATION OF JAMMU AND KASHMIR

RECOGNIZED BY:  
JAMMU AND KASHMIR STATE SPORTS COUNCIL

AFFILIATED WITH:  
KARATE ASSOCIATION OF INDIA (KAI)

RECOGNIZED BY:  
GOVT. OF INDIA (MINISTRY OF YOUTH AFFAIRS AND SPORTS)

INDIAN OLYMPIC ASSOCIATION (IOA) WORLD KARATE FEDERATION (WKF), ASIAN KARATE FEDERATION (AKF)

WKF RECOGNIZED BY:  
INTERNATIONAL OLYMPIC COMMITTEE (IOC)  
MEMBER - INTERNATIONAL WORLD GAMES ASSOCIATION (IWGA)

## Certificate of Merit / Participation

This is to Certify that *Mr./Ms.* SHAGUN CHIB  
of Jammu has participated in J & K State Karate Championship-2017 Sub Junior,  
Cadet, Junior & Senior held at Multipurpose Hall, M. A. Stadium, Jammu (Jammu & Kashmir) on 8th - 10th December, 2017 and was  
placed SECOND and won SILVER medal in Sub-Junior / Cadet / Junior / Senior -55Kg. Weight category  
2017, 2007 / Women, Kumite / Kata-Event in Team / Individual.

*Manish -*  
**MANISH SHARMA**

*U.L.*  
**RAHIL GUPTA**  
Vice President - AKAJK  
Member J & K Sports Council

*Manish -*  
**AMBEDKAR GUPTA**  
General Secretary - AKAJK  
Joint Secretary - KAI

# Association of Indian Universities

AIU HOUSE, 16 COMRADE INDIRAJIT GUPTA MARG (KOTLA MARG), NEW DELHI 110002



## CERTIFICATE OF MERIT

AC No 013561

This is to certify that Sudashu Khajuria  
Mother's Name Vaethu Sharma Father's Name Jagdish Datt Khajuria  
was a member of the Jamshedpur University Korfball Team  
which secured Third Position in the All India Inter-University Korfball (Mixed) Championship  
Tournament held at Orissa University, Bhubaneswar from 10.03.18 to 12.03.18

Organising Secretary

Date 12.03.18

Gurdeep Singh

Secretary General

# Association of Indian Universities

AIU HOUSE, 16 COMRADE INDRAJIT GUPTA MARG (KOTLA MARG), NEW DELHI 110002



## CERTIFICATE OF MERIT

AD N<sup>o</sup> 015675

This is to certify that KIRTI SHARMA  
Mother's Name KAMLESH KUMARI Father's Name BASSAN DAS  
represented JAMMU University JAMMU  
in the All India Inter-University WUSHU(W) Tournament  
held at M.D.UNI., ROHTAK from 20-02-2018 to 24-02-2018  
and Secured THIRD position.

- a) Time/Distance/Height .....  
(if applicable)
- b) Weight Category ..... -70 KG

Organising Secretary

Date 25 JUL 2018

Secretary General



**GOVERNMENT OF INDIA  
 DIRECTORATE OF FIELD PUBLICITY  
 MINISTRY OF INFORMATION & BROADCASTING**




Awarded To Mr./Miss..... Shagun Chib .....

Of..... Open category ..... For Participation in Female Karate Championship .....

On the theme Beti Bachao Beti Padhao and Beti Khetlav ..... Held On..... 16-02-18 .....

at Luthra Public School Taleb Tillo Jammu..... Position Secured..... 1st .....

  
 Field Publicity Officer  
 DIRECTORATE OF FIELD PUBLICITY

  
 DEPUTY DIRECTOR  
 DFP, JAMMU & KASHMIR REGION



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# ALL INDIA SHITO RYU SEIKO KAI KARATE CHAMPIONSHIP IN THE MEMORY OF MAHARAJA HARI SINGH



KARATE  
TOKYO  
2020

10TH TO 12TH OCTOBER 2017 AT  
INDOOR MULTI PURPOSE HALL M. A. STADIUM, JAMMU

Organised by : UNIVERSAL MARTIAL ART ACADEMY (REGD.)  
& SHITO RYU SEIKO KAI KARATE DO ASSOCIATION JAMMU AND KASHMIR

APPROVED BY : KARATE ASSOCIATION OF INDIA (KAI)  
RECOGNISED BY : GOVT. OF INDIA (MINISTRY OF YOUTH AFFAIRS AND SPORTS)  
& INDIAN OLYMPIC ASSOCIATION (I.O.C)

AFFILIATED BY : WORLD KARATE FEDERATION (WKF)  
ASIAN KARATE FEDERATION (AKF) COMMONWEALTH KARATE FEDERATION (CKF)

Certificate Of Merit / Participation

This is to Certify that Mr./Ms. SHAGUN CHIB

of J&K has participated in All India Shito Ryu seiko karate Championship held at Multipurpose

Ball, M. A. Stadium, Jammu (Jammu & Kashmir) on 10th - 12th October, 2017 and was placed THIRD

Sub Junior / Junior / Senior 50KG Weigh category among Man / Women, Kumite / Kata Event in Junior / Senior

Team / Individual Belt Category.

TUSHAR JANDAL

AMBERKAR CHITRA



Sr. No. MoF/JK/29

# MISSION OLYMPIC GAMES FEDERATION OF INDIA

(Regd. Under Act of Govt. of India)

## 1ST NATIONAL MISSION OLYMPIC INDIA

Organised by : Mission Olympic Games Federation of Punjab

**Certificate of Participation / Merit / Official / Coach / Manager**

1st  
National  
2017

It is Certified that Shivani Sharma

Son/Daughter of Mr. Narinder K. Sharma Date of Birth 04-09-1998

Represented by JK State JK Weight in (K.G.)

Discipline Game of Basket ball Position First Participate in 1st

Participation in 1st National Mission Olympic India 2017 in the group Sub-Jr./Jr./Sr.  
Boys & Girls.



Held at Amritsar Punjab From 4 August to 6 August 2017  
Under the Mission Olympic Games Federation of India (Regd.)

Org. Secretary

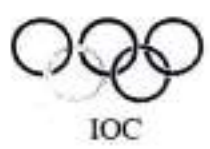
Secretary Gen.  
Dr. Prem Awasthi



# 1st TAFTYGAS NATIONAL GAMES 2017



Organized By  
Traditional Youth Games & Sports Association, Punjab  
Promoted & Under The Aegis of  
The Association for Traditional Youth Games & Sports - India  
(Government Registered under Society Registration Act, 1860 No. 131/17/061)



Affiliated To  
The Association for Traditional Youth Games & Sports - International  
National Association of Physical Education & Sports  
DGM Tkd Sports Education & Youth Academy India  
With Affiliated



The Association for International Sports for All (TAFISA)  
International Council of Sports Science & Physical Education (ICSSPE)  
TAFISA & ICSSPE official member of International Olympic Committee (IOC)  
Nehru Yuva Kendra Sanghathan (NYKS)  
(Under the Ministry of Youth Affairs & Sports, Govt. of India)



## Certificate

Certi/No. 0499 /2017-18

MERIT / PARTICIPATION / OFFICIAL

This is to certify that Shivani Sharma  
Date of Birth 04-09-1998 Representing H.P State  
/ Unit has Participated as a Basket ball in the  
1st TAFTYGAS National Games 2017, in the ~~Sub-Junior~~ / ~~Cadet~~ / ~~Junior~~ / Senior age  
group Boys/Girls  Event/Game Basket ball held on  
Dated 2,3,4 June 2017 at Lovely Professional University, Jalandhar (Punjab), was  
adjudged Gold Medal/Position.

**Harnet Kaur Mall**  
Secretary  
Organizing Committee

**Satinder Sandhu**  
President  
Organizing Committee

**D. G. Meshram**  
General Secretary  
The Association for Traditional Youth Games & Sports - India

**Dr. A. G. Biranwar**  
President





# 1st India - Nepal Youth Talent Search International Championship 2017



Organized By: Sidharth Rangshala  
Venue: Sidharth Rangshala, Pokhara (Nepal)  
Date: 24-26 June, 2017

## Certificate of Merit

Sr. No. YTSFI/ING1/ 008

That Ms. **SHIVANI SHARMA D/O NARINDER KUMAR SHARMA** Participated

in the 1st India-Nepal Youth Talent Search International Championship 2017 as a

**BASKET BALL**

Player/Official from **INDIA** in Event ..... in the Age

**GOLD**

Group of U-19 and got ..... Position.

Date 27 June 2017



Place Pokhara, Nepal

online verify: [www.youthtalentsearch.com](http://www.youthtalentsearch.com)

  
**Mukesh Kumar**  
President  
Y.T.S.F.I.

  
**Satveer Thakur**  
Gen. Secretary  
Y.T.S.F.I.

  
**Santosh Sreshtha**  
Manager, Sidharth Rangshala  
Pokhara, Nepal

  
**Pradip Raut**  
Org. Secretary  
Y.T.S.F.N.

# 1st India - Nepal Youth Talent Search International Championship 2017

Organized By: Sidharth Rangshala  
Venue: Sidharth Rangshala, Pokhara (Nepal)  
Date: 24-26 June, 2017

## Certificate of Merit

Sr. No. YTSFI/ING1/ 030

That Ms. SUDHASHI KHAJURIA D/O JAGDISH DATT KHAJURIA Participated

In the 1st India-Nepal Youth Talent Search International Championship 2017 at

**BASKETBALL**

Player/Official from **INDIA** in Event ..... in the Age

**GOLD**

Group of senior and got ..... Position.


Date 27 June 2017



Place Pokhara, Nepal

http://www.ytsfi.com

  
Mukesh Kumar

  
Satveer Thakur

  
Sidharth Rangshala

  
Pradip Gaire

# JAMMU & KASHMIR HANDBALL ASSOCIATION

AFFILIATED TO :  
HANDBALL FEDERATION OF INDIA / J&K OLYMPIC ASSOCIATION  
RECOGNISED BY  
J&K STATE SPORTS COUNCIL

## DISTRICT / STATE HANDBALL CHAMPIONSHIP

This is to certify that Mr/Miss Nidhi Dogra  
S/o, W/o Sh. Kamal Kumar of Jammu  
Participated in Mini / Sub-Junior / Junior / Senior Handball Championship of J&K  
District / State, held at Srinagar from 14-10-2017 to 16-10-2017  
and secured 1st place.

*Dr. S. M. Bali*  
**Dr. S. M. Bali**  
PRESIDENT

*A. K. Raina*  
**A. K. Raina**  
GEN. SECRETARY



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# Korfball Federation of India

Regd.

Cert. No. 073

## 29<sup>th</sup> Sr. National Korfball Championship

28-31 March 2018, Nagpur




Organised By :  
Maharashtra Korfball Association

### Certificate

This is to Certify that  
the Mr./Miss/Mrs. **SHIVANI SHARMA**  
of **JAMMU AND KASHMIR** has been participated in the  
29<sup>th</sup> Sr. National Korfball Championship held at RIM Nagpur University Ground,  
Nagpur from 28 - 31 March 2018, As a Player/ Coach/ Manager/ Referee/ Official  
His/ Her Team Secured Position Winner/ Runner/ Third Place/ Participation.



  
Manoj Chauhan  
President  
Korfball Federation of India

  
K. K. Verma  
Secretary General  
Korfball Federation of India

  
Kishor Bagde  
Organising President  
National Korfball Championship

  
Pravin Manwatkar  
Secretary  
Maharashtra Korfball Association



# 2nd Federation Cup 2017-18



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Org. by : Youth Talent Search Jammu & Kashmir, Association  
Affiliated by : Youth Talent Search Federation of India

Venue :- M.A. Stadium, Jammu  
Date :- 19 Feb. 2018 to 21 Feb. 2018



## Certificate

No.: YTSFI / FC2/ 884

That Ms. Shivani Sharma

From State/Unit J&K

participated in the event Korf ball in Age Group

U-16/U19/Senior and got 1st position.

Date 23/02/2018



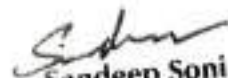
Place Jammu



Online Certificate Verification

  
Mukesh Kumar  
President  
Y.T.S.F.I

  
Satveer Thakur  
Gen. Secretary  
Y.T.S.F.I

  
Sandeep Soni  
Working Secretary  
Y.T.S.F.I

# Youth Rural Games & Sports Federation of India

Aligned with  
National Youth Kendra, Srisa

## 2nd National



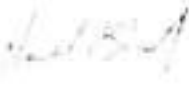

## द्वितीया राष्ट्रीय

### Youth Rural Games & Sports Tournament 2015-16

Org. By : Youth Rural Games & Sports Association Haryana

## Certificate

This is certify that Mr/Miss Sh. Ashok Kumar Son/Da  
 Sh. Sh. Ashok Kumar of ... Participated  
 in Badminton Event Game in the 2nd National Youth  
 Rural Games & Sports Tournament in Junior Senior Group held at  
Shaheed Bhagat Singh Sports Complex Stadium, Srisa (Haryana)  
 from 31-7-2015 to 02-08-2015 at got Position First Second Third  
 Participated as a Player Official  
 Age group 19



			
<b>Gurbiant Singh</b>	<b>Lakhwinder Singh</b>	<b>Nand Singh</b>	<b>Didar Singh</b>
President	Organizing Secretary	Observer / Authority	General Secretary
		YGRFI	YGRFI



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# MOUNT KILIMANJARO-TANZANIA



 <small>Small text below tree icon</small>	<ul style="list-style-type: none"><li>● Uhuru Peak (UP) 5895 m</li><li>● Stella Point (SP) 5756 m</li><li>● Gilman's Point (GP) 5685 m</li></ul>	 <small>Small text below mountain icon</small>
--	--	--

This is to certify that

Mr / Mrs / Miss Suzisa Jones

has successfully climbed Mt. Kilimanjaro the Highest in  
Africa to Uhuru Peak 5895m amsl

Date: 12/03/2011 Time: 05:45 Age: 70

[Signature]  
GUIDE

[Signature]  
CHIEF PARK WARDEN  
Kilimanjaro National Park

[Signature]  
DIRECTOR GENERAL  
Tanzania National Parks

CERTIFICATE No. UP 1011



Source: *...*



ਪਹਿਲੀ ਅੰਤਰ ਯੂਨੀਵਰਸਿਟੀ ਗਤਕਾ ਚੈਂਪੀਅਨਸ਼ਿਪ ਗੁਰੂ ਕਾਬੀ ਯੂਨੀਵਰਸਿਟੀ 'ਚ ਸ਼ੁਰੂ  
 ਗੁਰਦੁਆਰਾ ਵਿਖੇ ਸ਼ੁਰੂ ਹੋਣ ਨਾਲ



**ਗਤਕਾ ਚੈਂਪੀਅਨਸ਼ਿਪ** • ਸਿੰਧੂ  
 ਕਲਕੀਲਾ ਦਾਸ-ਗ ਪਿਤਾ ਸਾਹਿਬ ਸ਼੍ਰੀ  
 ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ ਦੇ 350 ਸਾਲੀ  
 ਪ੍ਰਯਾਣ ਦਿਹਾੜੇ ਨੂੰ ਸਮਰਪਿਤ ਗਤਕਾ ਸਿੱਖ  
 ਮਾਧਿਅਮ ਆਠਵੇਂ ਜਾਣੀ ਜਾਣੀ ਗੱਤਕੇ  
 ਦੀ ਖੇਡ ਦੀ ਦੋ ਰੋਜ਼ਾ ਅੰਤਰ ਯੂਨੀਵਰਸਿਟੀ  
 ਗਤਕਾ ਚੈਂਪੀਅਨਸ਼ਿਪ ਅੱਜ ਸ਼ੁਰੂ ਹੋ ਗਈ।  
 ਗੁਰੂ ਕਾਬੀ ਯੂਨੀਵਰਸਿਟੀ ਵਿਖੇ ਏਮ ਚੈਂਪੀਅਨ  
 ਨਾਲ ਸ਼ੁਰੂ ਹੋ ਗਈ। ਉਕਤ ਚੈਂਪੀਅਨਸ਼ਿਪ ਦਾ  
 ਉਦਘਾਟਨ ਤਖ਼ਤ ਸ਼੍ਰੀ ਦਮਨਾ ਸਾਹਿਬ ਦੇ  
 ਸਬੰਦਾਰ ਡਾਈ ਗੁਰਮੁਖ ਸਿੰਘ ਨੇ ਭੰਡਾ  
 ਲਾਹਿਰਾਉਣ ਤੋਂ ਉਪਰੰਤ ਕਰਦਿਆਂ ਕਰਮ  
 ਅਦਾ ਕਰਕੇ ਭੰਡਾ ਸਦੌਕਿ ਵਿਸ਼ੇਸ਼  
 ਮਹਿਮਾਨ ਵਜੋਂ ਖੁਸ਼ੀ ਕਮੇਟੀ ਦੇ ਮੈਂਬਰ

ਗਿਜ ਚੀਓ ਸਿਰਿੰਦਰ ਕੋਰ ਅਤੇ ਯਤਮ  
 ਪ੍ਰਥਮ ਕਮੇਟੀ ਮੈਂਬਰ ਡਾਈ ਮਨਜੀਤ ਸਿੰਘ  
 ਚੈਂਪੀਅਨਸ਼ਿਪ ਨੇ ਸਿਕਕਰ ਗੋਤੀ ਉਕਤ  
 ਚੈਂਪੀਅਨਸ਼ਿਪ ਵਿੱਚ ਮੇਲਗਾਨ ਗੁਰੂ ਕਾਬੀ  
 ਯੂਨੀਵਰਸਿਟੀ ਤੋਂ ਵਿਲਾਖਾ ਗੁਰੂ ਕਾਬੀ  
 ਸਾਹਿਬ ਵਿਸ਼ਵ ਯੂਨੀਵਰਸਿਟੀ, ਚੰਡੀਗੜ੍ਹ  
 ਯੂਨੀਵਰਸਿਟੀ, ਪੰਜਾਬ ਯੂਨੀਵਰਸਿਟੀ,  
 ਸੰਟਰਲ ਯੂਨੀਵਰਸਿਟੀ, ਸਮਾਦੀਟ  
 ਲੋਕੰਬਾਨ, ਚਿਤਕਾਰਾ ਯੂਨੀਵਰਸਿਟੀ,  
 ਬਾਬਾ ਡਾਗ ਸਿੰਘ ਯੂਨੀਵਰਸਿਟੀ ਮੁੰਬਈ  
 ਯੂਨੀਵਰਸਿਟੀ, ਦਿੱਲੀ ਯੂਨੀਵਰਸਿਟੀ ਤੇ  
 ਸੇਮੂ ਯੂਨੀਵਰਸਿਟੀ ਦੇ ਵਿਦਿਆਰਥੀਆਂ ਨੇ  
 ਭਾਗ ਲਿਆ। ਅੱਜ ਆਰੰਭਤਾ ਸਮਾਗਮ  
 ਵਿਚ ਪੁੱਜਣ ਤੇ ਸਭ ਤੋਂ ਪਹਿਲਾਂ ਗੁਰੂ ਕਾਬੀ

ਯੂਨੀਵਰਸਿਟੀ ਦੇ ਵਾਰੀਕ ਵਾਲਕ  
 ਡਾ ਡੀ ਐਸ ਟਾਲੀਕਾਕ ਨੇ ਸਬੰਦਾਰ ਡਾਈ  
 ਗੁਰਮੁਖ ਸਿੰਘ ਨਾਲ ਪ੍ਰੇਰੀਆ ਸਮਰਪਿਤ  
 ਨੂੰ ਸੀ ਆਦਿਕਾ ਦਿੱਤਾ। ਸਬੰਦਾਰ ਗੁਰਮੁਖ  
 ਸਿੰਘ ਨੇ ਪਹਿਲਾ ਭੰਡਾ ਕਹਿਣ ਤੇ ਚੰਦ ਵੱਖ  
 ਯੂਨੀਵਰਸਿਟੀਆ ਦੇ ਵਿਦਿਆਰਥੀਆਂ ਤੇ  
 ਮਾਰਕ ਪਾਸਟ ਦੀ ਸਲਾਮੀ ਕਰੀ ਤੇ ਉਕਤ  
 ਗੁਰਮੁਖ ਭੰਡਾ ਤੇ ਚੈਂਪੀਅਨਸ਼ਿਪ ਡਾਈ ਤੋਰ  
 ਤੇ ਗੁਰੂ ਕਰਨ ਦਾ ਮੇਲਾਨ ਕੀਤਾ।  
 ਆਰੰਭਤਾ ਸਮਾਗਮ ਮੇਠ ਡਾਈ ਡੇਜ ਦੀ  
 ਸਿੱਖ ਆਰੀਟ ਇੰਨਕੋਟੀ ਦੇ ਨਵਾਨਾ ਨੇ  
 ਸਬੰਦਾਰ ਗੁਰਮੁਖ ਸਿੰਘ ਦੀ ਅਗਵਾਈ ਹੇਠ  
 ਡੇਜੀ ਖੇਡ ਦੀਆਂ ਮਨਮੋਹਕ ਯੁੱਠਾ ਲਾਕ ਸਭ  
 ਦਾ ਮਨ ਮੋਹ ਲਿਆ।

Gatka  
 Harveen  
 Rasveen  
 Simarjeet  
 Silver Medal

25/01/17

# JAMMU & KASHMIR HANDBALL ASSOCIATION

AFFILIATED TO :

HANDBALL FEDERATION OF INDIA / J&K OLYMPIC ASSOCIATION

RECOGNISED BY

J&K STATE SPORTS COUNCIL

## DISTRICT / STATE HANDBALL CHAMPIONSHIP

This is to certify that Mr/Miss

Nidhi .

S/o, D/o Sh. Kamal Kumar of Jammu Red Club/Dist.

Participated in Mini / Sub-Junior / Junior / Senior Handball Championship of J&K

District / State, held at Jammu from 17-2-2017 to 19-2-2017

and secured First. place.

  
Dr. S. M. Bali  
PRESIDENT

  
A. R. Raina  
GEN. SECRETARY



# Korfball Federation of India (Regd.)

## 24<sup>th</sup> Junior National Korfball Championship

27-30 March 2017, Kurukshetra

Organized by :

### KORFBALL FEDERATION OF INDIA

**Certificate**



This is to Certify that the Mr/Miss/ Mrs. SHIVANI SHARMA Son/D/o NARINDER KUMAR SHARMA  
of JAK has been participated in the 24<sup>th</sup> Junior National Korfball Championship  
held at Sports Complex Kurukshetra University Kurukshetra from 27<sup>th</sup> to 30<sup>th</sup> March 2017, as a Player/  
Coach/Manager/Referee/Official. His/Her Team Secured Position Winner/Runner/Third Place/Participation.

*Manuj Chauhan*  
**Manuj Chauhan**  
President

*B.R. Suman*  
**B.R. Suman**  
Vice President  
KFI

*P.K. Poddar*  
**P.K. Poddar**  
Secretary  
KFI

*K.K. Verma*  
**K.K. Verma**  
Secretary General  
KFI

# A 11 STATE KORFBALL CHAMPIONSHIP

Organised by : J&K STATE KORFBALL ASSOCIATION (Recognised)  
Under The Auspicious of J&K STATE SPORTS COUNCIL



## MERIT CERTIFICATE

This is to certify that Shivani Sharma of Jammu Distt. has participated in Bhai Gurbaksh Singh Memorial State Korfball Championship held at Jammu from 25-02-2017 to 27-02-2017.

This certificate is awarded in token of his/her participation in the Championship and in recognition of his/her sporting talent.

His/her team secured the -1st- position in the Championship.

T.S. Wazir  
Life Time President

  
Tarlok Singh  
Working President  
J&K Korfball Association

  
Manjeet Singh  
Secretary  
J&K Korfball Association

  
Org. Secretary  
Championship

**J&K STATE  
KORFBALL ASSOCIATION**



Jammu District 2016-2017 **KORFBALL CHAMPIONSHIP**

This is to certify that Shivani Sharma S/o, D/o Nazideh Khatun Sharma  
was a member of Jammu Red Korfball team which took part  
in the Jammu District 2016-2017 **Korfball Championship**  
held at Green Field No.1, Jammu from 22-02-2017 to 23-02-2017

This Certificate is awarded in token of his/her participation in the Championship and  
in recognition of his/her sporting talent.

Jammu Red Team secured the 2nd Position in the Championship.

  
**Manjeet Singh**  
Gen. Secretary

  
**Organising Secretary**  
Championship

**T.S. Wazir**  
President

# SHOTOKAN KARATE BUDO KAI INDIA



65

Affiliated with Asturias-Spain Shotokan Budo Karate Integral-SBKI  
(MEMBER OF SPAIN KARATE FEDERATION & WORLD KARATE FEDERATION)  
(Recognized by International Olympic Committee)

真古松奨励会

昇級を認定する

審査の結果

日本松濤館流

## CERTIFICATE

Name: PRIYA DEVI (JAMMU AND KASHMIR)

Date of Examination 20th of July - 2016 Registration No JK-12-16

The person mentioned above is here by promoted to rank in the grade of the 6th kyu BLUE belt of Karate in recognition of the great progress made in the diligent study of this art. We expect him/her to endeavour for further progress in skill character building in the future.

*Secretary*  
Secretary Board of Examiner  
National Headquarters



真

*msingh*  
India's Chief Technical Director



*instructor*  
Instructor in Charge

*Official Examiner(s)*

66



# STATE KORFBALL CHAMPIONSHIP

Organised by J&K STATE KORFBALL ASSOCIATION (Recognised)  
Under The Auspicious of J&K STATE SPORTS COUNCIL




## MERIT CERTIFICATE

This is to certify that ANANDH SINGH of Jammu has  
participated in Bhai Gurbaksh Singh Memorial State Korfball Championship held at  
Jammu from 15.02.2019 to 17.02.2019

This certificate is awarded in token of his/her participation in the Championship  
and in recognition of his/her sporting talent.

His/her team secured the 1st position in the Championship.

  
Tarlok Singh  
President

  
Manjeet Singh  
Secretary

  
Org. Secy





## CERTIFICATE

Sumiya Kousar  
from Jammu & Kashmir achieved  
"Longest Cycling Expedition"  
who rode 1,140 kms for 10 days with  
her group which was organized by  
'Stand with Girls' NGO started from  
New Delhi on 01.03.2017 and  
ended on 10.03.2017 at  
Kathmandu, India.

Dr. R. Rajendran  
Founder & Chairman



**India**  
**Book of Records**

## CERTIFICATE

### 'STAND WITH GIRLS' CYCLE EXPEDITION

Sumiya Kousar (born on January 28, 1996) of Jammu, Jammu & Kashmir, participated in 'Stand With Girl Cycle Expedition', wherein 3 women cyclists completed 1158kms long cycle expedition, starting from New Delhi on March 1, 2017 and ending at Kathmandu, Nepal on March 10, 2017.

Biswajoy Roy Chowdhury  
Chief Editor  
India Book of Records

Date: April 7, 2017

THIS CERTIFICATE MUST NOT BE REPRODUCED WITHOUT WRITTEN PERMISSION OF INDIA BOOK OF RECORDS  
AND DOES NOT NECESSARILY DENOTE AN ENTRY INTO INDIA BOOK OF RECORDS

# Korfball Federation of India (Regd.)

28 Senior National

## Korfball Championship

**2017**

Organized by :

## KORFBALL FEDERATION OF INDIA

**2017**

This is to Certify that the Mr./Ms./ Mrs. / \_\_\_\_\_ of \_\_\_\_\_ of \_\_\_\_\_ has been participated in the 28 Senior National Korfball Championship held at Sports Complex Kurukshetra University Kurukshetra from 27<sup>th</sup> to 30<sup>th</sup> March 2017 as a Player/Coach/Manager/Referee/Official. His/Her Team Secured Position Winner/Runner/Third Place/Participation.

*Manuj Chauhan*  
**Manuj Chauhan**  
President  
KFI

*B.R. Suman*  
**B.R. Suman**  
Vice President  
KFI

*P.K. Poddar*  
**P.K. Poddar**  
Secretary  
KFI

*K.K. Verma*  
**K.K. Verma**  
Secretary General  
KFI

# Korfball Federation of India (Regd.)

1



28<sup>th</sup> Senior National

## Korfball Championship

27-30 March 2017, Kurukshetra

Organized by :

**KORFBALL FEDERATION OF INDIA**

**Certificate**

This is to Certify that the Mr/Miss/ Mrs. SHUBHANGI KUMAR Son/Da. TARUN of ... has been participated in the 28<sup>th</sup> Senior National Korfball Championship held at Sports Complex Kurukshetra University Kurukshetra from 27<sup>th</sup> to 30<sup>th</sup> March 2017, as a Player/Coach/Manager/Referee/Official. His/Her Team Secured Position Winner/Runner/Third Place/Participation.

*Manuj Chauhan*  
**Manuj Chauhan**  
President  
KFI

*B.R. Suman*  
**B.R. Suman**  
Vice President  
KFI

*P.K. Poddar*  
**P.K. Poddar**  
Secretary  
KFI

*K.K. Verma*  
**K.K. Verma**  
Secretary General  
KFI

6th Sr. National Knowledge Ball Championship-2016

Org. by : Madhya Pradesh Knowledge Ball Association

Recpt with Ministry of Human Resources Development  
Govt. of India New Delhi

Sr. No. 230....

Certificate

This is Certify that Mr./Ms./Mrs. Sudhasti Khajuria

S/o. D/o. Sr. Jagdish Datt Khajuria of Jammu and Kashmir

who participated in the 6th Senior National Knowledge Ball Championship-2016 held at  
Jai Narain College of Technology, Bhopal (Madhya Pradesh) from 21st to 23rd May 2016.

He / She Participated in and got 3rd Position. As Player / Official / Guest.



Dr. Anand Chandra

Org. Committee  
President

Dr. Anand Chandra

Org. Secretary  
(Championship)

Dr. Anand Chandra

Secretary  
LNCTI