



**GOVT. COLLEGE FOR WOMEN, PARADE GROUND,  
JAMMU-180001, J&K.**

## **Criterion I- Curricular Aspects**

### **Metric No. 1.1.3.1**

**Activities/Content with direct bearing on Employability/  
Entrepreneurship/ Skill development**

**Supporting documents**



**Govt. College for Women, Parade Ground, Jammu**

Name of Department- English

Activities pertaining to skill courses:

S.No.	Title	Activities	Year of Introduction
1.	Communicative English-I	Debates, Seminars, Symposiums, Presentations, Mock Interviews and Creative writing etc.	2016
2.	Communicative English-II	Debates, Seminars, Symposiums, Presentations, Mock Interviews and Creative writing etc.	2016

*Rishi Mehta*  
HoD

## Information pertaining to skill course

**Name of the Department: Botany**

**Total skill courses offered: 06**

**Course having focus on employability/entrepreneurship/skill development offered by the institution during the last five years**

Name of Skill Course	Course Code	Activities done under the course that has direct impact on employability	Year of Introduction
Mushroom Cultivation Technology	UBOTS-301	<ol style="list-style-type: none"> <li>1. On 20<sup>th</sup> Nov. 2017. The workshop was conducted especially for skill enhancement course students. The lectures was delivered by Dr. Sachin Gupta, Scientist from Mushroom Research and Training centre, Division of plant Pathology. SKUAST, Jammu..</li> <li>2. On 22<sup>nd</sup>Nov 2017 students along with teachers visited SKUAST, Plant Pathology Division centre for Mushroom Research and Training Centre, Jammu.. Students visited all the sections of the mushroom cultivation unit</li> <li>3. Oyster mushroom, Dhingri (<i>Pleurotus</i> sp.) was grown in department and students were encouraged to grow it in their homes, and rural students were also asked to motivate villagers to grow it in their localities.</li> <li>4. In order to give first-hand information to the students about the mushroom cultivation to enhance their self employability skill. A tour was organized by the Department of Botany, Govt. College for Women, Parade Ground Jammu, for B.Sc. Sem-III students (Mushroom cultivation: skill Enhancement Course). A group of 50 students along with four teachers lead by Prof. Tahira Firdose had visited Mushroom cultivation Unit, Krirshi Vigyan, Directorate of Agriculture, Talab Tillo, Jammu, Jammu and Kashmir 180002 on 26<sup>th</sup> February 2022. At the mushroom cultivation unit, three types of mushrooms viz. button mushroom (<i>Agaricus bisporus</i>), Oyster mushroom (Dhingri) (<i>Pleurotus</i> sp.) and milky white mushroom (<i>Calocybe indica</i>) are being cultivated. Student got familiar with Spawn production, substrate preparation,</li> </ol>	2017

		<p>preparation of beds for seeding the spawn, different cropping methods and diseases management followed by mushroom harvesting and marketing. The experts of the mushroom cultivation unit also enlightened students with benefits of the mushroom cultivation and inspiring them to go for Entrepreneurship by quoting the examples of various successful Entrepreneurs in different parts of the country.</p>	
Nursery, Gardening and Floriculture	UBOTS-401	<ol style="list-style-type: none"> <li>1. Students were shown how to make seed beds</li> <li>2. Students were demonstrated the technique of grafting.</li> <li>3. Students were motivated to make different kind of bouquet.</li> </ol>	2018
Biofertilizers	UBOTS-501	<ol style="list-style-type: none"> <li>1. The department conducted one day work shop for students on source waste management on 14<sup>th</sup> Dec. 2017. The lecture was delivered by resource person Mrs. Anuradha Gupta, Scientist In charge Electronic and Municipal Waste Management, State Pollution Control, Jammu. The lecture was followed by Practical demonstration by resource person on how to make compost using kitchen waste.</li> <li>2. As part of this skill enhancement course, Department of Botany organised a work shop on Hands-on Training for setting up vermicomposting unit from 15-17 Nov. 2021. All the students are asked to participate in the training programme. As part of this training two vermicomposting units were established in this campus (inside botanical garden). Students learnt the methods of starting the small as well large-scale vermicomposting unit at their residences, commercial places and in their agricultural farms. All the students are encouraged to start vermicomposting unit for commercial production using local earthworm species. Initially we propose to provide earthworms from the college to start the small scale unit.</li> </ol>	2018

Diversity and Human Welfare	UBOTS-502		2017
Ethanobotany	UBOTS-601	<p>1. Work shop on wild edible plants was conducted on 12 Nov. 2017 by the Department of Botany, G.C.W Parade Ground in collaboration with department of Ecology and remote sensing (J&amp;K). This workshop aimed to introduce alternative food resources to combat growing food Scarcity and fight malnutrition. The first hand information were provided to students regarding the processing of wild edible food like fruits, vegetable and pickles etc. for making value added commercial products which could be a source of income</p> <p>2. Frequent field trips/ surveys were organized by Department of Botany, Government College for women's Parade (Jammu) for students enrolled in skill course "Ethanobotany" in rural areas of Jammu. The major objectives of field visits were to familiarize students about wild edible plants/ fruit plants, traditional plant handicraft items and medicinal plants which were used by local people</p> <p>3. H.O.D. Botany and one of the staff member viz., Dr. Anju Koul with few students attended an interactive meet with environmentalists at Forest information Centre, Jammu on <b>11 August - 2018</b>. The programme was organized to spread awareness among people and women folk about conservation of trees and other plants and their role in medicine, cosmetics. The historical and sacred trees and plants of J&amp;K were also discussed.</p> <p>4. The Department of Botany G.C.W. Parade Jammu organized one day workshop on plant seed diversity and conservation on <b>27<sup>th</sup> April, 2019</b>. In the first session there was lecture by shri O.P. Sharma Vidyarthi IFS, Director Department of Ecology, Conservation and Remote Sensing on plant seed diversity and conservation. In 2<sup>nd</sup> session students were shown seeds of various plants belonging to different families along with their special features. In 3<sup>rd</sup> session a test was held for students for identification, common names and botanical names of the seeds</p>	2018

		<p>of various plants.</p> <p>1. The department of botany organized a lecture on solid waste management in collaboration with Jammu Municipal Corporation on <b>22<sup>nd</sup> August 2019</b> under the aegis of swachtab Abiyan. The lecture was delivered by Nodal officer S. Zorawar Singh of Municipal corporation, Jammu</p>	
Floriculture	UBOTS-602		2018



**Govt. College for Women, Parade Ground Jammu**  
**Department of Chemistry**

**Information pertaining to Skill Course**

**Name of the Department: Chemistry**

**Titles Skill Courses Offered:**

**Courses having focus on employability/entrepreneurship/skill development offered by the institution during the last five years**

Name of Skill Course	Course Code	Activities done under the course that has direct impact on employability	Year of Introduction
Fuel Chemistry	UCHTS 301 & UCHPS 301	The students were provided with basic scientific and technical understanding of the production, behavior and handling of hydrocarbon fuels, Eco-friendly and alternative fuels and lubricants.	2017-18 onwards
Pesticide Chemistry	UCHTS 401 & UCHPS 401	The students were demonstrated with the synthesis, application and basic role of pesticides in our daily life. The students were able to educate farmers/gardeners to choose the appropriate pesticides for their crop production.	2017-18 onwards
Cosmetics, Perfumes and Medicinal Agents from Natural Sources	UCHTS 501	The students were imparted with theoretical and practical knowledge on the basic principles of cosmetic, their manufacture and formulation. In this context, various cosmetic products including talcum powder, shampoos, enamels, hair removers and face creams were prepared involving new innovative techniques. Medicinal use of local natural products was also demonstrated.	2018-19 onwards
Green Methods in Chemistry	UCHTS 601	The students were provided with the basic knowledge of green chemistry and its effects on human health and environment. Various practical techniques like solvent free synthesis and microwave assisted synthesis were discussed and designed so as to reduce the use and generation of hazardous substances in laboratories and industries.	2018-19 onwards



### Information pertaining to Skill Course

**Name of the Department:**The Department of Zoology

**Titles Skill Courses Offered:**Apiculture, Aquarium Fish Keeping, Public Health and Hygiene and Sericulture

**Courses having focus on employability/entrepreneurship/skill development offered by the institution during the last five years**

Name of Skill Course	Course Code	Activities done under the course that has direct impact on employability	Year of Introduction
Apiculture	UZOTS-301	The students are given special emphasis on the aspect of practical knowledge for employability like setting of apiaries, honey production and maintenance of hive.	2017
Aquarium Fish Keeping	UZOTS-401	Visits are carried out to government run Fisheries Departments like Nowabad,Gho-manhasan andBahu Fort so that students can get the practical knowledge related to Aquarium Fish Keeping.	2018
Public Health and Hygiene	UZOTS-501	Seminars were conducted to educate the students about the importance of healthy habits, establishing sound physical, mental and emotional well-being.	2018
Sericulture	UZOTS-601	Sericulture visits to the reputed institutions are arranged for the students of sericulture to apprise them about mulberry cultivation, leaf harvesting, silkworm rearing and indirect employability activities like reeling, twisting, printing and dyeing, finishing and silk waste processing.	2019
Apiculture	UZOTS-301		
Aquarium Fish Keeping	UZOTS-302		

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Public Health and Hygiene	UZOTS-501		
Aquarium Fish Keeping (With modified scheme and practicals introduced)	UZOTS-302	In addition to the periodic visits to the reputed Fisheries institutions, the students got to learn the practical skills for handling Aquarium fish, setting and maintaining the aquaria.	2021
Apiculture (With modified scheme and practicals introduced)	UZOTS-301	With the change in the curriculum of Apiculture and introduction of practicals, the students were given an opportunity to gain knowledge about the practical aspects of bee keeping and employ the skills acquired for running apiaries on their own.	2021

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Govt. College for Women, Parade Ground, Jammu

Name of Department- Home Science

Activities pertaining to skill courses:

S.no.	Title	Activities	Year of Introduction
<b>UG Courses</b>			
1.	Gender development	Lectures, field visits	2017-18
2.	Nutrition for fitness- Maternal and child nutrition	Lectures, Group discussions, demonstration	2017-18
3.	Life skill education and social entrepreneurship	Lectures, Group discussions	2017-18
4.	Behaviour Change communication and advocacy, advertising and social marketing	Lectures, discussions, demonstration	2017-18
5.	Clothing and textile	Practical based on various fabric designing like tie and dye, embroidery	2017-18
6.	Fundamental of resource management	Recycling of resources, flower arrangements, floor decoration	2017-18
7.	Foods and Nutrition	Food practical, demonstration	2017-18
<b>PG Courses</b>			
8.	Research methods and scientific writing	Writing skills and technical writing	2017-18
9.	Extension education and communication	Demonstrations and field visits	2017-18
10.	Development communication and Journalism	Demonstration and field visits	2017-18
11.	Radio Broadcasting Management	Demonstrations and Recordings	2017-18
12.	Media system and communication technology	Demonstrations and Recordings	2017-18

*S. Jolly*  
HoD



**Govt. College for Women, Parade Ground, Jammu**

Name of Department-Biotechnology

Activities pertaining to skill courses:

S.No.	Title	Activities	Year of Introduction
1.	Environmental Biotechnology	Workshop conferences and Women Science Congress.	2017-18
2.	Food Biotechnology	Workshops and guest lectures	2017-18
3.	Intellectual Property rights	Workshop	2018-19
4.	Clinical biochemistry	Practical Demonstrations, Workshops	2018-19

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GOVT. COLLEGE FOR WOMEN, PARADE GROUND, JAMMU-180001, J&K.

(Erstwhile Maharani Mahila College)

Autonomous College Affiliated to the University of Jammu

College with Potential for Excellence, 2016

(Estd. 1944)



Prof. Vipul Saraf

Head

Dept. of Electronics & Statistics

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Dated :- 22-02-2022

### Information pertaining to Skill Course

Name of the Department: Electronics

Titles of the Skill Courses Offered:

Courses having focus on employability/entrepreneurship/skill development offered by the institution during the last five years

Name of Skill Course	Course Code	Activities done under the course that has direct impact on employability	Year of Introduction
Electronic Workshop	UETTS-301	1. Hands on training on the topic "how to fabricate components on PCB" 2. Hands on training on the topic "fabrication of solar lamp " at IIT Jammu	2018
Power Electronics	UETTS-401	No	2021
Antenna Theory & Wireless Networks	UETTS-501	No	2018
C++ Programming	UETTS-601	No	2018

It is requested to send the responses as per the above format by 5<sup>th</sup> Feb 2022 at [ataqargcwparade2021@gmail.com](mailto:ataqargcwparade2021@gmail.com)

The responses are required for compilation of SSR.

  
Signature of the HOD



**Govt. College for Women, Parade Ground, Jammu**

Name of Department-Punjabi

Activities pertaining to skill courses:

S.No.	Title	Activities	Year of Introduction
1.	COMMUNICATION PUNJABI-1	Poetry recitation, essay writing, Symposium , Drama and Guest Lecture	2016-17
2.	COMMUNICATION PUNJABI-2	Poetry recitation, essay writing, Symposium, Drama and Guest Lecture	2016-17
3.	Gurumukhi lipi atay Punjabi Bhasha Vigyan	Poetry recitation, essay writing, Symposium, Drama and Guest Lecture	2017-18
4.	Punjabi Natak , Ikangi Atay Viharak Punjabi	Poetry recitation, essay writing, Symposium, Drama and Guest Lecture	2017-18
5.	LOK SAHIT	PROJECT WORK/PRACTICAL FILE/PPT/ CHART/ FIELD WORK	2017-18
6.	NATAK ATAY RANGMANCH DA HUNAR SIKHNA	PROJECT WORK/PRACTICAL FILE/PPT/ CHART/ FIELD WORK	2017-18
7.	COMPUTER ANUWAAD ATAY PUNJABI KOSHKARI	Translation work	2017-18
8.	Pattarkarita	NIL	2017-18

  
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**Govt. College for Women, Parade Ground, Jammu**

Name of Department-Sanskrit

Activities pertaining to skill courses:

S.No.	Title	Activities	Year of Introduction
1.	Indian Theatre	Script Writing, Laghu Natak Drama, Guest Lecture, Seminars, workshops, file, Project work and Practicals	2020
2.	Basic elements of Jyotisha	Field Trips, Workshops, file, Project work, Practical and Guest Lecture	2020
3.	Basic elements of Ayurveda	Field Trips, Workshops, Seminars and Guest Lecture	2018
4.	Yogsutra of Patanjali	Workshop, Seminar, Guest Lecture, Meditation and Aasnas	2018

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**Govt. College for Women, Parade Ground, Jammu**

Name of Department- Urdu

Activities pertaining to skill courses:

S.No.	Title	Activities	Year of Introduction
1.	Communication Urdu	Poetry, Drama	2016
2.	Communication Urdu	Poetry, Drama	2016

As Per Record Available in Deptt.

  
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**Govt. College for Women, Parade Ground, Jammu**

Name of Department- Hindi

Activities pertaining to skill courses:

S.No.	Title	Activities	Year of Introduction
1.	Communication Hindi-I	Symposium, Creative Writing, Guest Lecture	2016-17
2.	Communication Hindi-II	Symposium, Creative Writing, Guest Lecture	2016-17
3.	Bhasha Shikshan	Guest Lectures	2017-18
4.	Karalaya Hindi	Symposium, Creative Writing, Guest Lecture	2018-19
5.	Rang , aalekh avam rangmanch	Drama	2018-19

  
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**Govt. College for Women, Parade Ground, Jammu**

Name of Department- Philosophy

Activities pertaining to skill courses:

S.No.	Title	Activities	Year of Introduction
1.	Deductive Logic	Project Work	2017-18
2.	Inductive Logic	Project Work	2017-18
3.	Symbolic Logic	Project Work	2018-19
4.	Philosophy of Yoga	Guest Lecture, Workshops and Demonstrations	2018-19

  
HoD



**Govt. College for Women, Parade Ground, Jammu**

Name of Department- Dogri

Activities pertaining to skill courses:

S.No.	Title	Activities	Year of Introduction
1.	Communication Dogri	Poetry Recitation, essay writing, Drama, Guest Lecture, Group Discussion and Article writing	2016-17
2.	Communication Dogri	Poetry Recitation, essay writing, Drama, Guest Lecture, Group Discussion and Article writing	2016-17
3.	Dogri Mass Communication		2017-18
4.	Dogri Translation		2017-18
5.	Dogri Kosh Vigyan		2017-18
6.	Dogri Journalism		2017-18

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### Information pertaining to Skill Course

Name of the Department: Computer Science

Titles Skill Courses Offered: details below

Courses having focus on employability/entrepreneurship/skill development offered by the institution during the last five years

Name of Skill Course	Course Code	Activities done under the course that has direct impact on employability	Year of Introduction
PC assembly	UBCAPS303	WORKSHOP CONDUCTED	2017
Programming using C language	UBCATC102	-	2013
Information security	UBCAPS404	-	2017
Java Programming	UBCATS502	-	2016
Free and open source software	UBCATS304	-	2020
Python programming	UBCATS402	WORKSHOP CONDUCTED	2017
Android programming	MCACC501	WORKSHOP CONDUCTED IN COLLABORATION WITH NIELET, JAMMU	2016
Web technologies	UBCATS403	PROJECTS COMPLETED	2016
R-Programming	MCAFC205	WORKSHOP CONDUCTED IN COLLABORATION WITH BIPT, NEW DELHI	2017
Internet of Things	MCAFC406	-	2017
Object oriented programming using C++	UBCATC401	-	2013
Php/My SQL	UBCAPS601	PROJECTS COMPLETED	2016

  
Head(Computer Science)



**Govt. College for Women, Parade Ground, Jammu**

Name of Department-Economics

Activities pertaining to skill courses:

<b>S.No.</b>	<b>Title</b>	<b>Activities</b>	<b>Year of Introduction</b>
1.	Current economic issues of India	Guest Lectures	2017-18
2.	Data Analysis	Project work	2017-18
3.	Financial Economics	Workshop	2018-19
4.	Flagship programmes of India	Awareness Programmes	2018-19

  
31/5/22  
HoD



**Govt. College for Women, Parade Ground, Jammu**

Name of Department- Education

Activities pertaining to skill courses:

S.No.	Title	Activities	Year of Introduction
1.	Guidance and Counselling	Anecdotal record, Cumulative records and autobiography record are prepared by the students keeping in view their relevance in present educational system. In the present social system students due to wrong choices of courses are facing the problem of unemployment. So, the students of the course by having the knowledge of components of job analysis can help them as well as others in getting placed in the recognized institutions	2021
2.	Statistics in Education	Development of tools like Questionnaire, checklist, Rating Scales and Attitude scales. Preparation of report or report writing. Survey Research i.e. case study, interview etc. are to be conducted by the students.	2021

*S. Gupta*  
HoD



**Govt. College for Women, Parade Ground, Jammu**

Name of Department- E.V.S

Activities pertaining to skill courses:

S.No.	Title	Activities	Year of Introduction
1.	Environmental impact assessment /Practical	Practical, Field Visits, Guest Lectures, Report Writing	2017-18
2.	Solid waste Management/Practical	Practical, Field Visits, Guest Lectures, Report Writing	2017-18
3.	Pollution Abatement Techniques	Field Visits, Guest Lectures	2018-19
4.	Green Technology	Field Visits, Guest Lectures	2018-19

  
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### Information pertaining to Skill Course

**Name of the Department: HISTORY**

**Titles Skill Courses Offered:**

1. Understanding of Popular Culture
2. Heritage and Museum
3. History OF Museum and Archives
4. Folklore and Cultural Traditions
5. Cultural Heritage and Tourism
6. An Introduction to Archaeology


**Courses having focus on employability/entrepreneurship/skill development offered by the institution during the last five years**

Name of Skill Course	Course Code	Activities done under the course that has direct impact on employability	Year of Introduction
Understanding of Popular Culture	UHTTS-301	Field Visit to 1. Bahu Fort 2. Amar Mahal 3. Raghunath Temple 4. Baba Budhan Shah Shrine	2017
Heritage and Museum	UHTTS-401	Field visit to 1. Nooruddin Noorani Museum, University of Jammu 2. Dogra Art Gallery, Mubarak Mandi Jammu	2017
History OF Museum and Archives	UHTTS-501	Field visit to 1. Nooruddin Noorani Museum, University of Jammu 2. Dogra Art Gallery, Mubarak Mandi Jammu 3. State Archives Repository, Jammu	2018
Folklore and Cultural Traditions	UHTTS-601	Field Visit to 1. Baba Budhan Shah Shrine 2. Bahu Fort 3. Hari Niwas Palace 4. Raghunath Temple 5. Gurudwara Maharani	2018

		Chand Kaur	
Cultural Heritage and Tourism	UHTTS-302	The course has not been started yet	2021
An Introduction to Archaeology	UHTTS-402	The course has not been started yet	2021

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. The responses are required for compilation of SSR.

  
Ajeela Qureshi,  
Head,  
Dept. of History





**Govt. College for Women, Parade Ground, Jammu**

**Name of Department- Music**

**Activities pertaining to skill courses**

S.No.	Title	Activities
1.	Value based & practical oriented courses	Playing, singing of compositions based on RAGAS, Playing of alankars of different Thaats, Playing of regional folk songs(Different styles) , Patriotic songs, religious songs. Meeting with different folk artists and visits to Radio, Doordarshan, j&k academy of art, cultural and languages and Project.
2.	Value based & practical oriented courses	Playing, singing of compositions based on RAGAS, Playing of alankars of different Thaats, Playing of regional folk songs(Different styles) , Patriotic songs, religious songs. Meeting with different folk artists and visits to Radio, Doordarshan, j&k academy of art, cultural and languages and Project.
3.	Value based & practical oriented courses	Playing, singing of compositions based on RAGAS, Playing of alankars of different Thaats, Playing of regional folk songs(Different styles) , Patriotic songs, religious songs. Meeting with different folk artists and visits to Radio, Doordarshan, j&k academy of art, cultural and languages and Project.
4.	Value based & practical oriented courses	Playing, singing of compositions based on RAGAS, Playing of alankars of different Thaats, Playing of regional folk songs(Different styles) , Patriotic songs, religious songs. Meeting with different folk artists and visits to Radio, Doordarshan, j&k academy of art, cultural and languages and Project.
5.	Basic Techniques of Harmonium Playing. Part-I	Knowledge of terminology of Harmonium like scale,saptak, thaat, swar, playing of odd alankars and patterns in different thaats and

		project.
6.	Folk Music of Jammu region-I	Teaching of components and singing techniques of different folk styles of jammu region Like dolru, rarde and barama etc. and project.
7.	Techniques of Harmonium Playing. Part-II	Knowledge of terminology of Harmonium like scale, saptak, thaat, swar, playing of odd alankars and patterns in different thaats and project.
8.	Folk Music of Jammu region-II	Teaching of components and singing techniques of different folk styles of jammu region Like dolru, rarde and barama etc. and project.
9.	Folk Music of Jammu region-III	Sanskar Geets, use of swai and tonal establishment in bakh, seasonal songs, folk instruments and project.
10.	Techniques of Harmonium Playing. Part-III	Knowledge of harmonium melody, symphony and jumping notes, playing of lehra with different Talas and project.
11.	Folk Music of Jammu region-IV	Sanskar Geets, use of swai and tonal establishment in bakh, seasonal songs, folk instruments and project.

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**Govt. College for Women, Parade Ground, Jammu**

Name of Department- Political Science

Activities pertaining to skill courses:

S.No.	Title	Activities	Year of Introduction
1.	Legislative Support	Activities for the conduct of National Youth Parliament	2017-18
2.	Public opinion and survey research	Survey/Interviews about various issues like abolishing of Article 370	2017-18
3.	Functioning of administrative structure in India	Visit to various administrative institutions for awareness about the hierarchal structure	2018-19
4.	Politics and Journalism	Report writing and mock interviews	2018-19
5.	Legislative Support (LOCF course)	nil	2021-22

  
HoD  
Political Science



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## Department of Psychology

### Information pertaining to Skill Course

Name of the Department: **Psychology**

Courses having focus on employability/entrepreneurship/skill development offered by the institution during the last five years

Name of Skill Course	Course Code	Activities done under the course that has direct impact on employability	Year of Introduction
Developing Emotional Competence	UPSYTS-301	<p>Under this skill enhancement course students are trained to administer different questionnaires related to assessment of emotional competencies, emotional maturity level, emotional intelligence, emotional adjustment level, etc. Further through classroom interaction and, workshops students are trained to better equip and deal with emotional challenges of workplace and everyday life.</p> <p>This soft skill will help in better adjustment ability in any and every working field like-Human resource management, clinical field, Education, Self –entrepreneur, Business administration, Public Relations, etc.</p> <p>Guest lecture was organized by the department on 18.11.2017. In the Event DrGurmeetKourincharge Police Drug De-addiction and Rehabilitation Centre. Was the resource person . She covered various topics concerning mental health like stress depression, examination phobia which youth of today are facing in this competitive world. She also interacted and performed activities with students as</p>	2017-18 onwards

*Prin*  
*for*  
*Dr Ravinder Kaur*



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		<p>to how to distress, she also answered various questions raised by students.</p> <p>2 day workshop on 'Skill Development' from 25/10/2019 and 26/10/2019 was organized for the undergraduate and the post graduate students of Government College for Women, Parade, Jammu by Department of Psychology and Department of Sociology. The workshop was attended by more than 100 students from department of Humanities, Science, Commerce and Computer Science. The objective of the workshop was to make the youth workforce be aware of the 'Skill India Mission' towards fostering economic growth in the country launched by Ministry of Skill Development and Entrepreneurship (MSDE) on 15th July 2015. DrPallaviSachdev, Faculty member of Department of Life Long Learning, Jammu University was the resource person in the program who addressed the gathering and shared her views about the importance of skill development and how it can build efficiency and quality of work. She also highlighted that it is also important to identify the abilities and interest one have by help of 'psychometry test' so that it become easy to place oneself in the right field of work and get job satisfaction.</p>	
Managing Stress	UPSYTS-401	<p>Under this skill enhancement course students are trained to administer different questionnaires related to assessment of Anxiety, Depression, Stress level and Coping with these conditions. Students are also trained to deal with psychological and physiological hazards related to stress, and manage stress though cognitive and relaxation techniques. conflict, improves productivity.</p> <p>After studying their course student will be employed as child psychologist who will deal with formative years of development. Students will be able to identify sources of stress motivate clients to find</p>	2017-18 onwards



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		<p>solutions manage stress through exercise.</p> <p>Students can be employed in varied work place like Public relations, human resource management, Business administration etc. Their knowledge about stress management will enable them to motivate employees better, reduce chances of work place conflict, improves productivity.</p> <p>The event was focused on 'Benefit of Yoga in Mental Health' conducted by 'ArogyaBharatiYogSadhna Kendra' on 6<sup>th</sup> October, 2018. The team members from the organization delivered the importance of Yoga that would strengthen social attachments , reduce stress and relieve stress, depression, insomnia, boost concentration, etc. They also demonstrated several 'Asana' before the students and also guided the students to perform the same.</p> <p>This workshop was launched, on 29 January,2020 as an initiative of Higher Education Department with a motto of exposing students to the luminaries of Psychology for providing them a solution to the modern age turmoils and conflicts of the society by adopting the psychological tools of counselling. The function was presided over by MrSanjeevRana, Deputy Secretary Higher Education in the presence of worthy Principal G C W Parade Dr S P Saraswat. Prof B BANand a senior faculty of the college and DrRavinderKour, Head Dept of Psychology also graced the stage. Whereas, the welcome address and report of the entire programme was delivered by MsRashu Sharma, AsstProf,G D C Samba and member Co - ordination Cell H E D with the help of active feedback of the student participants.</p>	
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**GOVT. COLLEGE FOR WOMEN, PARADE GROUND, JAMMU-180001, J&K.**



*(Erstwhile Maharani Mahila College)*

*Autonomous college affiliated to the University of Jammu*

*College with Potential for Excellence, 2016*

*(Estd. 1944)*

**Dr. S.P Sarswat**  
Principal

E-mail: [principalgcwparade@gmail.com](mailto:principalgcwparade@gmail.com)  
Tel.(O): 191-254430

Psychology in education	UPSYP5-501	The students were imparted with theoretical and practical knowledge on how the principles of psychology can be applied in the area of education. Students are trained to administer verbal and non verbal tests of intelligence, aptitude tests, learning, memory motivation, etc. . With further specialization students can be employed as college counsellor,school counsellors etc.	2018-19 onwards
Managing Human Resources	UPSYP5-601	Students will be able to - Understand the concepts, terms and theories related to Human Resource Management. Understand problem-solving approaches related to human resource management and learn related techniques. Career related to studying 'Managing Human Resource' include: 1)Human resources officer 2)Office manager 3)Occupational psychologist 4)Training and development officer	2018-19 onwards

HoD

*R. K. Kour*  
for  
Dr. Ramindeh Kour



**Govt. College for Women, Parade Ground, Jammu**

**Information pertaining to Skill Course**

**Name of the Department: Sociology**

**Titles Skill Courses Offered:**

**Courses having focus on employability/entrepreneurship/skill development offered by the institution during the last five years**

Name of Skill Course	Course Code	Activities done under the course that has direct impact on employability	Year of Introduction
Gender sensitization	USOTS-301	The students are given special emphasis on the aspect of practical knowledge for employability like gender awareness programmes, visiting to different NGO's family courts, etc. followed by the submission of the report.	2017
Quantitative and Qualitative Research Methods	USOTS-401	The students are involved in surveys, case studies, field visits etc.	2017
Environment and Society	USOTS-501	Seminars were conducted to educate the students about the importance of healthy surroundings, establishing clean safe and hygienic environment in the society.	2018
Social change and Development in India	USOTS-601	Seminars, presentations and field visits were conducted by the department of Sociology to apprise the social changes that take place in the society from time to time.	2018

*Ruchi Gupta*  
HoD



## Information pertaining to Skill Course

Name of the Department: COMMERCE

Titles Skill Courses Offered: Entrepreneurship for MSME, Customer Relationship Management, Cost Accounting, Management Accounting, Digital Marketing and E-Commerce and Digital Marketing and E-Commerce

Courses having focus on employability/entrepreneurship/skill development offered by the institution during the last five years

Name of Skill Course	Course Code	Activities done under the course that has direct impact on employability	Year of Introduction
Entrepreneurship for MSME	UBCTS 307	Webinar on 'MSME in India: Post-COVID Scenario' on 9th Dec., 2021.	2016-17
Customer Relationship Management	UBCTS 418	NIL	2016-17
Cost Accounting	UBCTS 501	NIL	2017-18
Management Accounting	UBCTS 601	NIL	2017-18
Digital Marketing and E-Commerce	UBCTS 309 UBCTS 409	NIL	2021-22

  
NEHA GUPTA  
(HOD Commerce)